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COMMUNICATOR

Vol. 4, Issue 18

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What Do Puppets, Magicians And Reptiles Have In Common?

These and other exciting hands-on experiences will be presented by the Early Intervention Network at the Annual Haliburton County Family Fun Day.

This year's event will take place at J. D. Hodgson Elementary School on Saturday, October 15th from 9:30 a.m. to 1:00 p.m.

Families with children aged birth to six years are invited to participate free of charge and discover the variety of family focused services that Haliburton County has to offer.

Attendees will experience a morning full of **ENTERTAINMENT** (live magician, puppet show and live reptile exhibit), **MEANINGFUL ACTIVITIES** (covering 5 different age groups), **FUN** (door prizes, draws and give-aways) and **FOOD** (healthy snacks and lunch for the whole family). Parking is available at the school. Free transportation will be available from Minden and Wilberforce.

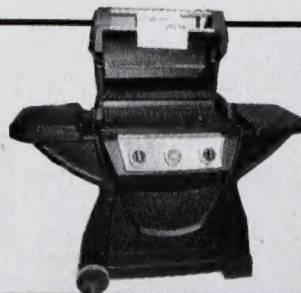
The organizing committee is the Early Intervention Network, with the Family Fun Day being spearheaded by SIRCH Community Services & Consulting, Ontario Early Years Centre of Haliburton-Victoria-Brock, Haliburton-Kawartha-Pine Ridge District Health Unit and Five Counties Children's Centre.

Event sponsors are Delta Pinestone Resort, Health for Life, HKPR District Health Unit, Ontario Early Years Centre of Haliburton-Victoria-Brock and SIRCH.

The Early Intervention Network is an advisory committee consisting of service providers focused on children birth to age six. The committee was organized to address issues that affect children in their most formative years. The EIN has been instrumental in developing the Cardiff Food Bank and serves as an advisory committee to Preschool Speech and Language and Healthy Babies Healthy Children.

For more details see ad on pg. 11

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Coppers: Your Spare Pennies Make A Huge Difference

Cst. Val Jarvis of the Ontario Provincial Police in the Highlands will be kicking off the "COPPERS bringing Change to the World" Campaign. People are encouraged to start saving up their pennies and other loose change to bring it down to the town docks in Haliburton on the 22nd of October around noon and try to fill a rain barrel. Everyone will have a chance at a door prize as several businesses in Haliburton have generously donated items to make this a fun day and worth the price of gas to get there. The 18 participants of the Canada World Youth Organization who are presently doing a 10-week placement in Haliburton have offered to help with a BBQ and you just never know who might show up as a guest.

Jarvis is a member of the International Association of Women Police and this group has a Charitable Foundation which channels money through to its members in Third World Countries to assist them in accomplishing their various projects, which ultimately improve the lives of the worlds most vulnerable. Over the past three years the Foundation has sponsored women



police from every corner of the globe to attend the annual training conferences held by the IAWP. This gives them the chance to network and inform the membership of their goals and challenges. It seems that the messages always fall on the right ears because amazing things have been accomplished through this organization. One that is near and dear to Valerie is the establishment of the first Women's Shelter in Lira District in Uganda. Now paid for and up and running, it provides a ray of hope for the victims of violence, abuse and neglect in that Country.

So dust off your piggy banks and coin jars and check the bottom of all those old purses and coat pockets. We'll put your pennies to work with "OUR Common Cents Revolution".

No amount is too small. We will even accept smiles and words of encouragement. So come on down and meet the kids from Kenya and all across Canada while they flip you a burger and learn about the IAWP and turn your coppers into magic pennies by giving them away.

Coppers
Bringing CHANGE
to THE WORLD



"Our Common Cents Revolution"

All pennies donated will be used by the International Association of Women Police Foundation for THIRD WORLD initiatives ONLY.
For information on this campaign: 705-286-4544

To find out how you can adopt a CAN, a COP or a CHILD Contact Coordinator Valerie Jarvis, Minden OPP at valj@valjars.com

Make gifts payable to: the IAWP Foundation (8th World Ave)
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Lending A Helping & Caring Hand

Paulmac's Pet Food store, located in the Heritage Plaza in Minden, is a lot more than just a place to pick up Rover's chow. Under the tender loving care of Owner/Operator Nancy Crowther and Manager Lyn Davis, the store has become an essential part of Haliburton County's network of pet lovers and owners.

Nancy Crowther had worked in Minden's Paulmac's in the late 1990s and in November of 1999 became the proud owner and operator. She credits the Paulmac franchise for giving her "lots of flexibility in the products we carry: after all, we offer over 500 different items, and I have to be sure to get exactly what our customers want."

Nancy's Paulmac's store has a truly welcoming and friendly atmosphere. The small space is crammed with a great variety of pet foods and essential pet supplies. Nancy and Lyn take great pride in being able to match exactly what food might suit your particular pooch or kitty: and with the amazing number of pet foods on the market, that's no easy task.

The pet food industry has gone through a real revolution over the last 20 years or so and Nancy and Lyn have their work cut out for them to keep abreast of the all the different options. Holistic and vegetarian foods are becoming increasingly popular, as are 'breed specific' brands. Got a retriever? There's a specialized dog food for you. And ditto for German Shepherds, Cocker Spaniels, and so on. Is your kitty a Burmese or a Siamese, a Maine Coon or just plain old Tabby? It may well require demand a specialized diet, or particular type of care.

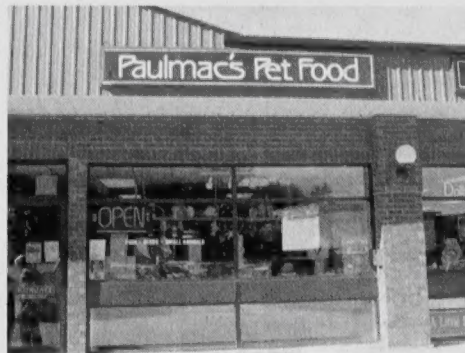
Nancy and Lyn are happy to try and answer these and hundreds of other similar questions that their customers pose every day. "You have to be careful, of course," says Nancy. "We're not vets, although there are days when you'd think our

customers are convinced we are. We're happy to give advice in areas we're expert on – but when we're faced with anything that might indicate a serious condition we make sure they consult one of our excellent local vets."



Nancy (left) with Lynn (right)

On a recent visit to the store this reporter met a whole slew of pet lovers who took great delight in talking about their pet's idiosyncrasies and foibles. They also asked Nancy and Lyn all kinds of questions, ranging from concerns about a particular ear ailment, to the demands of a particular diet, to when their pets shed, and when they didn't, and so on. We all also admired the latest unfortunate stray dog, a beautiful year-old pooch the store's named Asia, who looks like a Border Collie – Bernese cross. Asia is up for adoption, having been abandoned, and has been checked out by the vets. She's healthy except for some tenderness in one leg. Nancy and Lyn were trying to get this truly sweet dog to eat properly as well. Asia is just one of hundreds of strays that Nancy and Lyn have helped to become adopted.



Lyn is major force behind Dog Adoption Program & Lochlin Animal Shelter

Lyn is the major force behind the store's dog adoption program. Paulmac's is not a big store, and doesn't have room for many animals. So Lyn provides space for all the dogs and cats at her Lochlin Animal Shelter, which she runs out of her home. Often she manages to take at least one of the dogs, and sometimes cats,

Paulmacs cont'd... pg. 6...



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CUSTOM SIGNS

Haliburton Junior Badminton Club Starting

If you are between the ages of 11 – 19 and would like to play badminton, why not join the Haliburton Junior Badminton Club every Tuesday from 6:30 – 8:30 starting October 4th. The club plays at the Haliburton Highlands Secondary School

The cost is only \$10 – raquets and birdies are extra. For more information, or to join, contact Jason Morissette at (work) 457-2950 (home) – 457-1799; or Bob Schmidt at (work) 457-2950 (Home) – 457-5057.

Adult Badminton Has Started!! Come Have Some Fun!!

Bring your racquet and running shoes and head on out to the Archie Stouffer Elementary School in Minden on Monday evenings for some fun, fellowship and fitness. Adult Badminton is offered every Monday from 8 p.m. – 10 p.m. There is a \$5 membership fee for the season which started on September 19 and goes to May 29th.

This is a fun league – and you can come out anytime to play. If you require further information please call 286-1765.

Over 50 Pick Up Hockey

If you are over 50 and would like to play some hockey why not join others for some great daytime pick up hockey at the Minden Arena.

If you are interested, call Don at 457-1110.

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A Terry Fox Thank You



The Terry Fox Run organizing committee would like to thank the following volunteers who helped to make this years 25th Anniversary run the best ever! Leona Crete, Marcel Crete, Aggie Tose, Marie Garland, Michael Turriff, Patricia and Andy Tomaino, Gail Wallace, Norm Bottum, Cathy Salvatori, Natalia Salvatori, Andrea Salvatori, Haliburton Highlands O.P.P. Constables Robin Carmount and Garrett Grexton.

We would also like to thank the following for their much appreciated contributions to this years run: Bob Park and Haliburton IGA, Cathy & Jim Henwood and Henwood's Variety, Ginny Heming and Mill Valley Spring Water, Steve Todd of Todd's Independent Grocers and Dale & Eldon Bull and Ridge North Golf Club.. Thanks to Joanne & Brett at The Communicator for all of their promotional support.

A special thank you to all those who participated and to those who pledged money and helped raise almost \$8,900.00 a record amount - for the Terry Fox Foundation and cancer research.

We hope to see you all next year!
Andy Salvatori



A single dream. A world of hope.
The Terry Fox Foundation

Not All Who Walk In Paulmacs Are Human...



Cumho visits Paulmacs daily to pick out his treat - which Lyn bags, and gives to Cumho to take back to Rusty's where he chows his treats!!



... from pg. 4

into Paulmac's so customers can see them. Or you can simply talk to Lyn about what animals are currently available and make an appointment to visit them. Lyn and Nancy charge an adoption fee, of course, the amount of



which is up to the customer. And all the monies go back into taking care of the next batch of abandoned animals. At the time of this writing, Lyn was looking after no less than 14 dogs at her shelter.

It's sometimes astonishing to realize just how many pets are lost or abandoned to their fate. But, thanks to Lyn and Nancy, a lot of them do eventually find good, safe homes.

Nancy also sells a good variety of tropical fish, guinea pigs, hamsters, and even rabbits if a customer wishes. She breeds birds as well, mainly budgies, which she also sells through the store. They also offer very good advice on just how to start your own aquarium, and which species of fish get along, and which don't.

This bustling store is a terrific resource for all of Haliburton's pet lovers.

Cumho A BIG Fan of Paulmacs... See For Yourself...

And for a real testimonial, you need go no further than Rusty's Auto, situated just around the corner from Paulmac's. Every morning Cumho, Rusty's 130 lb Newfoundland, ambles around to get his daily bag of treats from Nancy and Lyn - which he then happily carries back to the garage. Talk about service, with a smile - and a woof!

Paulmac's Pet Food is open Monday to Thursday and Saturdays from 9 am until 6 pm, Fridays 9 am to 8 pm and Sundays from 10 am until 4 pm. The store can be reached at 286-1172.

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What the Haliburton County Chamber has been doing for you:

By Charlene English – Administrative Coordinator

Since the spring of 2005, the Chamber has been actively working for you, our members. We have realigned ourselves to be more proactive in things that matter to you. We have reworded our Mission Statement and our vision, and now it reflects the New Chamber of Today. Here are just a few of the highlights that we have been involved in this year:

Planning Underway To Bring Back Winter Carnival

The Chamber has been actively working to bring the Haliburton Winter Carnival back to its former glory. This year it will include ice sculptures, snow golfing, atv rides, snowmobile activities, ice skating and much more. Keep watch for updates on this exciting event.

Plans Underway For Creation of Rock and Mineral Show

We are also working on bringing a Rock and Mineral show to Haliburton County in the summer of 2006. This will be an informative weekend with workshops being held on various rock and mineral collecting subjects. As well as a complete trade show featuring some of the best Rock and Mineral Collections available.

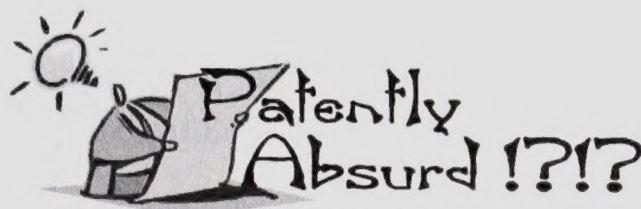
Drinking Water Systems Regulation 170/03:

This is the government regulation that grew out of the Walkerton water disaster. Any business, organization, church etc that has drinking water available for people must test their water on a regular basis by an approved laboratory. When this regulation came into the public's eye the Chamber of Commerce was very active in voicing the opinion of our members to the Members of Parliament. Our own president Eric Christensen made presentations to the Water Committee and lobbied to have this bill reversed or at least changed. Due to his effort and those of many others, this regulation has been revised and as such water regulation laws have been reduced to an affordable option for many small businesses and resorts. Eric also researched and found out that there is a testing lab in Orillia that will test our water samples for \$13.50 a test including courier costs to the lab as compared to \$40 or \$50 a test elsewhere. Samples can be dropped off at "That Place In Camarvon" every third Wednesday.



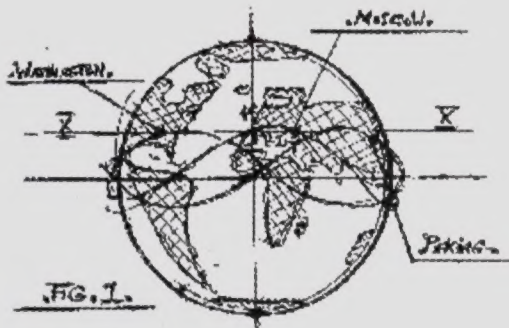
Tongue Twister

Flee from fog to fight flu fast!



Real Patent's That Seem A Little Far Fetched...

UK Patent No. GB1361962. Pedrick's ultimate deterrent to solve the Cold War. The UN places three nuclear bombs on earth-orbiting satellites. If these detect that one of the super-powers has been nuked by one of the others, they are automatically programmed to drop on Washington, Moscow and Peking, ensuring the mutual destruction of all three.



Avoid The Draft



See Us for:

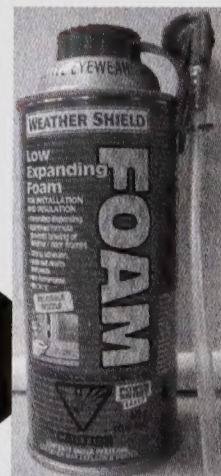
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911 Emergency Feature

Val Jarvis has, to put it mildly, a full life. In fact, what she manages to accomplish on almost any given day would be a full week's agenda for a lot of people.

For starters, she's a full time OPP constable with the Minden detachment. She's also on the Executive of the Ontario Women in Law Enforcement (OWLE). She's just started a major fundraising campaign called, appropriately, Coppers, for the International Association of Women Police Foundation (IAWG), of which she's an active member. Along with husband Rick Cazabon, an OPP Sergeant, she's one of the Haliburton hosts for the Canada World Youth program, and is currently housing a young Kenyan man, Saaya Tema Karmusha and fellow Canadian and Quebecer Bruno Perusse. And she and Rick are the proud sponsors and long distance foster parents of not one, not two, but 10 children from countries all around the world.

And her enthusiasm, energy, and joy in her work and world could light up even the darkest room. Val was brought up on a farm near New Liskeard with nine brothers and sisters. She credits her tight-knit family with instilling her basic values of sharing with family, friends and community. Christmases for a family of 12 and little money meant imaginative compromises when it came to presents. When Val and her siblings grew up her youngest brother suggested that instead of just following the family tradition of drawing names for this year's present, with its usual \$25 or \$30 limit, why didn't they just pool the money and become foster parents to a child in a Third World country?

Meet Constable Val Jarvis:

Extending Her Helping Hand Both Here At Home and Around The World

Made sense to Val, and the tradition was started. It proved a lot of things to Val, most notably that when most of us really look at their finances, \$30 a month is not a make or break proposition.

Val Helped Raise Funds For Third World Woman's Shelter

During an earlier stint at Still River Val became the OPP's 1st Nations Liaison Officer and she credits this experience for sharpening her awareness of the challenges many other cultures face in this world. She's passionate about alleviating the poverty and social barriers that devour the hopes of so many children, and women in Third World countries. A few years ago, at an

IAWP convention, she met a remarkable Ugandan Police Officer named Helen Alyek who told them how essential women's shelters were in her homeland. Val and her fellow IAWP members determined to raise the funds to build the shelter. After a lot of hard work they succeeded, and Helen's shelter was built.

Val says that the IAWP is a remarkable organization and is uniquely placed to help in Third World countries: "as police officers, we know where the victims are. And we also know where the corruption and lawlessness is. Sometimes, sadly, it's in the local police forces themselves, in fact. But we know where it is, and where our monies and programs can do the most good."

Pass Your Pennies Along – They Make A Huge Difference in the Lives of So Many

So Val has started a unique campaign called Coppers: Bringing Change to the World. The campaign will collect pennies from

Val cont'd... pg. 9 ...





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From Sponsoring 10 Kids To Hosting Exchange Students & Now COPPERS - Val Is Making A Difference

... from pg. 8

locations all around the County to be used by the IAWP Foundation for Third World initiatives only. Val believes passionately in what she calls the Power of One. Just one penny in Haliburton, for instance, can be worth as much as a dollar in Africa. And she's determined to make her campaign work. "It really gives you a purpose in life, to make sure your actions and efforts actually help other people", says Val. "And it's really amazing when you can actually see the terrific results of your work."

Sponsoring Kids Is Rewarding

Val and Rick take great delight in their extended family of 10 foster children. Their names and addresses read like a United Nations roll call. Here's just some of the kids they support: Sathya Goburath, in Tamilnadu, India; Gwladys Kombere from Burkina Faso; Brigitte Huamani, Lima, Peru; Elvira Mairena, Nicaragua; Rayel Ayele, Ethiopia. And they also support children from Sri Lanka, Ghana, Paraguay, Tanzania and Costa Rica.

Her wall in the living room adorns the pictures of all 10 of her sponsored family, and Val always looks forward to receiving letters from each and every one. Val keeps in touch with each sponsored child and she even shares the letters of each child with her other sponsored children - like one extended, close 'family' - all sisters and brothers.

Val has so many initiatives on the go it's hard to keep track of where one stops and the next starts. To find out how you can help, or as Val puts it, "how you can adopt a Can, a Cop or a Child," contact Constable Valerie Jarvis, Minden OPP at valjarvis@vianet.ca.

Head To The Town Docks on October 22 (Don't Forget Your Pennies!!)

Val's Coppers campaign is officially sanctioned by the IAWP and, given the energy behind it, could well eventually become a major fund raising initiative for the organization. On October 22nd, Val is launching the campaign with a public BBQ at the Haliburton Town Docks from 11 am until 1pm, with entertainment and door prizes. Everyone is welcome, and don't dare forget your pennies!



A Little Bit of Everything

Shop early for best selection! Don't be disappointed!

As we go into a new fall season, we carry a great selection for your Thanksgiving decorating needs, and most seasonal items are \$1.00.

Too, we now have many accessories to make your Halloween a lot of fun. Most of these also sell for only \$1.00.

Too, it is now the time to start picking items for the shoe boxes for Operation Christmas Child. We carry small toys, books, crayons, colouring books, balls, skipping ropes, hair brushes, tooth brushes, stickers, and other items suitable for little boys and girls in any country.

Beside IGA & Home Hardware in Minden

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Debbie, Ira & Joanne

Community Rail Trail Symposium In Haliburton

By Pamela Marsales

Everyone is invited to a celebration of the best a rail trail can be. This takes place on Sunday October 16, from 2 - 5 pm, held appropriately in the theatre of the high school, right beside the historic locomotive and the terminus of the Haliburton County Rail Trail. The railway ran to the old station that is now the Rail's End Gallery, but today, after the trail cross County Rd 21, is known as the Head Lake Trail. Tickets may be reserved by calling Cheryl at (705) 286-2950

This promises to be an informative and entertaining event that will make you better acquainted with your community, how its history was shaped by the fortunes of the railway, and aspects of a familiar landmark that you might not have considered before. When you arrive, you will be greeted by one of the Canada World Youth participants, or perhaps an ecotourism or high school student. You'll have time to browse through the information displays in the lobby, which might include live turtles. Sit down and record a personal story about one of the Haliburton rail trails, or others you might have visited. Chat with others about their stories and then move into the theatre.

The next part has something to do with community players, and I don't want to give it away, but I think it will be entertaining.

The panel of four speakers will be introduced by my charming and handsome son Charles Taylor, home from second year film studies at Ryerson for this occasion.

Leopoldina Dobrzensky may be known to many through her chats about Haliburton's early history on Canoe FM. She is the author of *Fragments of a Dream; Pioneering in Dysart Township and Haliburton Village*. I am very much looking forward to hearing Leo's gentle voice and sparkling manner, bring to life stories of prosperity and peril from the steam era. Haliburton's fortunes were very much linked to the history of

the railways. We are fortunate to have numerous books on our pioneer heritage, but to have Leopoldina tell us about it directly is delightful.

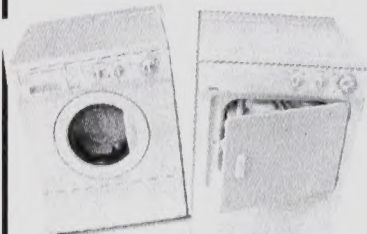
In the same way that rail trails offer an opportunity to preserve our cultural heritage, the right-of-way corridor accompanying every rail trail preserves our natural heritage. Imagine for a moment all the land use changes that have taken place in the province since the first railways were built. This disruption stopped at the fenceline all the way along the right-of-way. Inside a protected ribbon of natural habitat carried on, regardless of the clearing, plowing or building outside. Because of this pattern, linear wetlands have been safely banked away for generations. All native species of flora and fauna benefit from this nurturing mini-environment, but reptiles the most. That's why we're inviting Sue Cowin, a conservation biologist who volunteers at the Kawartha Turtle Trauma Centre to give us that perspective.

Ian Lobb is an international hiking and cycling tour leader, with a background in adventure travel. He works for Steve Bauer Bike Tours in the Niagara region and he just returned from leading a bike trip through Spain. Ian will be able to give us a very cosmopolitan view of Canadian rail trails. Ian says of his background, "These experiences have given me exposure to some spectacular scenery, wildlife and people from different cultures. It has also allowed me to see what different locations have done to attract tourism, preserve the environment and help local economies."

Finally, we have a representative from the Peterborough Rotary Club to talk about developing a community rail trail. What constitutes a community rail trail? The answer would be different for each situation, but there are some common themes.

I am proud to be able to offer this program to the Haliburton to help it define its future community rail trail. Hope to see you there.

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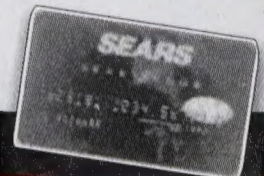
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Rotary Club of Haliburton: Their Contributions Can Be Seen & Enjoyed Everywhere

The Latest Project Is The New Picnic Shelter At Head Lake Park

This year marks the 100th anniversary of the founding of the first Rotary Club, in Chicago, Illinois, by a lawyer named Paul Harris who wished to recreate the sense of small town fraternity and spirit he'd experienced in his youth.

From those humble beginnings the organization has grown to include 1.2 million members in 31,000 Clubs in over 160 countries around the world. Rotary clubs raise hundreds of millions of dollars each year for projects both local and international. The Rotary motto, Service Above Self, is a simple but eloquent expression of its essential values.

Haliburton's Rotary Club was founded in 1944 and has flourished ever since. In its 61 years of community service its philanthropy and vision have touched almost every aspect of Haliburton's community life. From the Rotary Park to the locomotive overlooking Head Lake – it's hard to think of an essential Haliburton landmark that hasn't at one time or another benefited from the Club's foresight and fund-raising genius. Often a Rotary project will pass into municipal hands once it's been successfully established. The Haliburton Museum (see accompanying article) is just one example. Rotary

created the Museum as a Centennial project back in 1967-68, bought and renovated its original home and ran it for almost a decade

before donating it to the Municipality.

This summer Steve Roberts, the 2003-2004 Rotary President, proudly unveiled one of the Club's latest gifts to the community: the shelter at the public docks on Head Lake in Haliburton. This is another example of how the Club sees a community need and then goes about finding a creative and exciting way to fill that need.

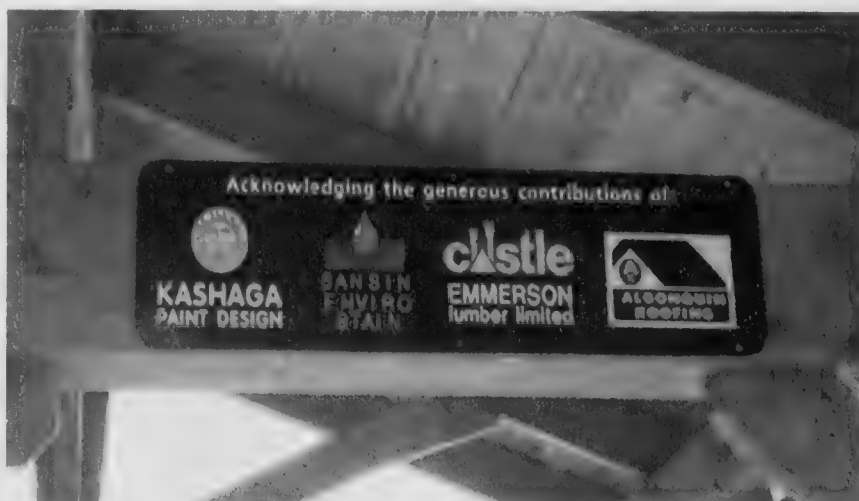
A few years ago the Municipality took over the ownership and management of the public access site with its docks on Head Lake from the federal government.

There was a clear need for a renewed public shelter at the docks: the launch is used by thousands of tourists and residents each year, for one thing, and the site itself is among the most visible in Haliburton Village. So Steve and the Rotary set about finding ways to fund and create a structure that could be both attractive and functional. For starters,

fellow Rotarian and Fleming College official Ted Brandon reminded Steve that the College's summer program included a highly successful and popular Timber Framing Course.

With the enthusiastic co-operation of Fleming's Shelley Shell and the course's long-time instructor, Glenn Diezel, an arrangement was reached whereby Rotary would provide \$11,000 cash, and Fleming would supply Mr. Diezel's expertise, the design work, and the labour of the 16 participating students. But the community's involvement didn't end there. Further donations of material and expertise were provided by Emmerson Lumber, Kashaga Paint Design, San Sin Enviro Stain, and Algonquin Roofing.

The finished shelter, or pavilion, is deceptively simple and elegant. Despite its obvious strength it seems to sit astonishingly lightly on the existing platform. It's clearly made to last a long, long time, and when the platform base needs to be replaced, the shelter can



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Rotary cont'd... pg. 13...

Rotary Club of Haliburton - New Members Always Welcome

... from pg. 12

be simply and efficiently hoisted up and out of the way.

Each year Rotary hosts numerous fund-raising events around the County to provide the wherewithal for its local and international programs. And what an array of programs. For example, for 30 consecutive years now the Haliburton Club has funded and hosted an international student exchange program which sends a Haliburton teenager to live abroad for a year with a host family – this year in Argentina — while a foreign teen gets to spend a year with a local host family here.

“When you hear back from the participants a few years – or many years – later,” says Steve, “almost every one says ‘that was the best year of my life’. It’s tremendously rewarding for them and for our community as well.”

The purpose of the program, besides enriching the lives of the students themselves, is to foster greater international understanding. This is a major theme of Rotary, and has been for many years, i.e. to bring our world and peoples closer together and to address the economic and social disparities throughout the Third World. Each year the Haliburton Rotary contributes almost \$100 U.S. per member to Rotary International for community projects around the world.

Closer to home, the impact of Rotary on major community initiatives is simply huge. For example, Rotary alone has contributed, over the past six years, \$300,000 to the Haliburton Highlands Health Services Foundations. And there’s more. The Club has committed \$10,000 a year for five years to the construction of the new Fleming College campus: a few years ago it spent almost 10,000 refurbishing the locomotive by the high school. Just recently it donated another \$5000 to the construction of the new 4Cs building on York Street.

“Rotary is really about service and fellowship,” says Steve Roberts. “We’re sometimes seen as a businessmen’s club, but that’s just not the case. We have men and women members from many different sections of our community. What makes it work is the fellowship the club offers, and our members desire to make a difference.” And that difference, to this community alone, is worth

over \$50,000 each and every year.

Where does all the money come from? Rotary hosts many fundraisers throughout the year, including the annual Rotary Carnival, golf tournaments and the annual Snowarama at the Haliburton Forest, which supports the Easter Seals. Club members organize these events and donate all the time and effort necessary to make them a success.

The Club is also always ready to welcome new members to the fold. This year’s President is Jim Henwood, owner of Henwood’s Variety in Haliburton. For further information about Rotary you can contact Jim at the store, or talk to any other member, or log on to www.rotary.org to learn more about the origins and the international scope of Rotary.



Pictured is Rotarian Steve Roberts at the site of the new shelter in Haliburton. On the previous page is a picture of the shelter and the plaque inside that mentions those who contributed their expertise and materials.

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try on a pair of their jeans and sign on the sheet that you did so.

Referred to as "The Pink Ribbon Days" promotion, last year they raised \$42,800 and they are hoping that the 2005 program is even more successful. Their goal this year is to increase that amount to \$70,000.

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Pink Ribbon Days / October 2005

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Fall Dessert & Coffee Fashion Show

To view the latest fall fashion up close and personal, be sure to attend the Fall Dessert & Coffee Fashion Show being held at the Wigamog Inn on October 23 from 1-3.

Fashions are by My Size in Minden. Come and check out all the new fashions for the winter season. Models are all local gals. There will be displays and draws and delicious desserts. There will be something for all ages and sizes.

Tickets are \$15.00 each, and are available at My Size in Minden and at Community Care in Haliburton. For more information contact Roxanne Casey at 457-2941. This is a fundraiser for Community Care so come out, have a great afternoon and help a wonderful cause.

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we must never forget that the highest
appreciation is not to utter words,
but to live by them."
- John F. Kennedy**



Why? Because ... Scientifically Speaking

How hurricanes' destructive power is categorized

With the recent bout of Hurricanes making the news recently, we thought this issue's Scientifically Speaking topic on rating hurricanes would be appropriate.

Hurricanes are described using the Saffir-Simpson Hurricane Scale, a 1-5 rating based on the hurricane's intensity. This is used to give an estimate of the potential property damage and flooding expected along the coast from a hurricane landfall.

Source: U.S. National Hurricane Center.

Category One Hurricane: winds 119-153 km/h

Storm surge generally 1.2 - 1.5 metres above normal. No real damage to building structures. Damage primarily to unanchored mobile homes, shrubbery, and trees.

Some damage to poorly constructed signs. Also, some coastal road flooding and minor pier damage. Hurricane Lili of 2002 made landfall on the Louisiana coast as a Category One hurricane.

Category Two Hurricane: winds 154-177 km/h

Storm surge generally 1.8 - 2.4 metres above normal. Some roofing material, door, and window damage of buildings. Considerable damage to shrubbery and trees with some trees blown down.

Considerable damage to mobile homes, poorly constructed signs, and piers. Hurricane Frances of 2004 made landfall over the southern end of Hutchinson Island, Fl., as a Category Two hurricane.

Category Three Hurricane: Winds 178-209 km/h

Storm surge generally 2.7 - 3.6 metres above normal. Some structural damage to small residences and utility buildings with a minor amount of curtainwall failures. Damage to shrubbery and trees with foliage blown off trees and large trees blown down.

Mobile homes and poorly constructed signs are destroyed. Evacuation of low-lying residences with several blocks of the shoreline may be required. Hurricanes Jeanne and Ivan of 2004 were Category Three hurricanes when they made landfall in Florida and in Alabama, respectively. So was Hurricane Rita of 2005.

Category Four Hurricane: winds 210-249 km/h

Storm surge generally 3.5 - 5.5 metres above normal. More extensive curtainwall failures with some complete roof structure failures on small residences. Shrubs, trees, and all signs are blown down. Complete destruction of mobile homes. Extensive damage to doors and windows.

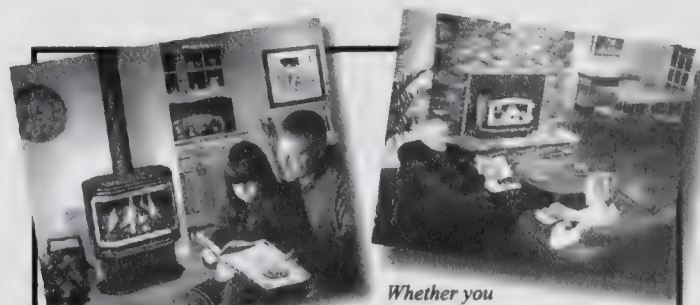
Low-lying escape routes may be cut by rising water 3-5 hours before arrival of the center of the hurricane. Major damage to lower floors of structures near the shore. Hurricane Charley of 2004 was a Category Four hurricane made landfall in Charlotte County, Fl., with winds of 240 km/h.

The recent Hurricane Katrina was a category 4 hurricane by the time it hit landfall.

Category Five Hurricane: winds greater than 249 km/h

Storm surge generally greater than 5.5 metres above normal. Complete roof failure on many residences and industrial buildings. Some complete building failures with small utility buildings blown over or away. All shrubs, trees, and signs blown down. Complete destruction of mobile homes. Severe and extensive window and door damage. Low-lying escape routes are cut by rising water 3-5 hours before arrival of the center of the hurricane.

Major damage to lower floors of all structures located less than 4.5 metres above sea level and within 500 yards of the shoreline. Massive evacuation of residential areas on low ground within 8-16 km of the shoreline may be required. Only 3 Category Five Hurricanes have made landfall in the United States since records began: The Labor Day Hurricane of 1935, Hurricane Camille (1969), and Hurricane Andrew in August 1992.



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HEALTHY RECIPES

Submitted by the HKPD Health Unit

Healthy Recipe

Submitted by Judy Carpenter

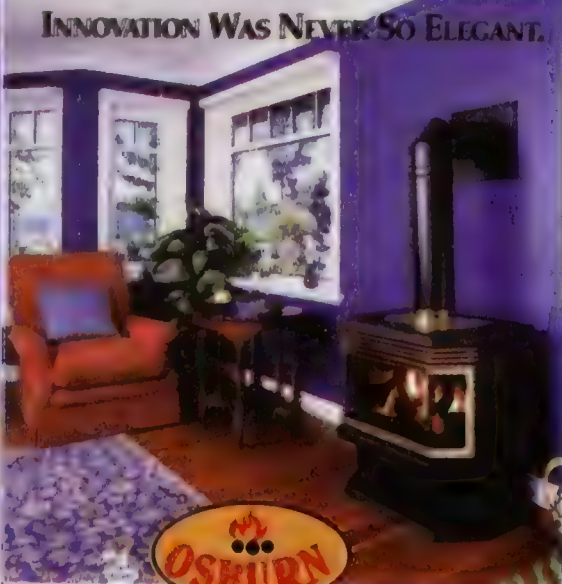
Tasty Low-Cal Bruschetta

- 1 French loaf bread
- ½ cup of Miracle Whip Light salad dressing
- 4 medium ripe tomatoes diced into ¼" square cubes
- 1 large garlic clove run through a garlic press
- ¼ cup of onions chopped finely
- ½ tsp. of oregano leaves
- ½ tsp. of basil leaves
- ½ tsp. of parsley flakes
- ½ tsp. of pepper
- ½ cup of Our Compliments Low Fat Parmesan Cheese

Mix all ingredients in a medium size mixing bowl. Slice the French loaf into 1" slices. Heat oven to 350 degrees. Spread mixture on 8 slices of the bread (unbuttered), on an un-greased baking sheet. Bake 20 minutes and enjoy.

Please note: Mixture can be doubled to use up the balance of slices left in the loaf. 165 calories per slice and 4.6 grams of fat.

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What a fine mess you got us into Olly!!

I don't know how they got themselves out of this one...



Motivational Training Course Scheduled For October 12

Just a reminder that Community Care Haliburton County is hosting another Motivational Training Course workshop on October 12. The facilitator is Karen Shinn and she will help your team/office/organization/ to: Create a playful atmosphere where creativity and productivity can flourish. Become fully engaged in what you're doing at work...and at home Find fishy ways of thinking, acting and being. Take responsibility for doing what it takes to be successful. Improve client service and increase enthusiasm. Karen has a background in physical education, recreation, marketing communications, real estate, gerontology.

This will be a fun filled interactive workshop. Come on out, join in, learn new things and have fun.

Give Roxanne or Amy a call if you would like to register for this workshop. The cost is \$50.00 per person - visa, mastercard or cash is accepted. call 457-2941

Worldly



AND THE WINNER IS: Dorl Gates entered the "World Belly Flop Contest" sponsored by a bar in Beloit, Wisc. Gates, 52, dove off a bridge into the Rock River 20 feet below. The river is known for its cold water and strong undertow. "He came up more than three times," said witness William Gifford, who was waiting for his turn to jump. Rescue crews searched

the rest of the day for Gates' body; he is presumed drowned. The contest's top prize: \$300. A friend said he didn't know why Gates decided to enter, considering "he doesn't know how to swim."

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For The Kids....

Some great workshops at the Agnes Jamieson Gallery in Minden...

Halloween Craft Day

Saturday, October 22nd - Pre-registration deadline October 15th
10pm to 5pm - Recommended for ages 6 to 10 - \$15 per child.
Please bring a lunch. We will have snacks and drinks.

A really fun day! Here are just some of the things we will be doing...Albus Dumbledore from Harry Potter has given us the secret to making a magical wizard's hat. We'll also create engraved glass pumpkins and funky Halloween votives plus LOTS of spiders. A spooky visitor will join us to tell us our fortunes. Making old fashion sponge toffee, peanut brittle and popcorn is a fun and sticky way to end the day. *Pre-registration Required*

Graffiti Binder Covers

Saturday, November 5th - Pre-registration deadline October 26th
9am to 12pm - Recommended for ages 10 to 14 - \$20 per child.

This is RAP cool, man. Dig it? We will explore the history of graffiti and then work out our design using the basic technique of graffiti then transfer the design onto canvas covers for school binders.

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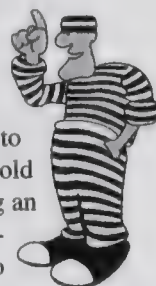
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Dumb Criminals

GREAT ESCAPES II: After being sentenced to 10-18 years in prison for a robbery in Charleston, W.Va., Robert A. Hill, 25, tried to escape from a regional jail by greasing himself up and squeezing through a small window in his cell. He got one arm and his head through before getting stuck. It took four hours for jailers to free him. He was ordered to pay for the \$3,500 in damage he did to the cell. Meanwhile, an unnamed 28-year-old inmate at a prison in Coimbra, Portugal, dug an escape tunnel, but made "a mistake in his calculations," said prison spokesman Paulo Barbosa. The inmate emerged from the ground in a courtyard, still well within the prison's walls. The robber also tried to escape in 1996 but failed that time, too....Wait for foolproof new step-by-step instructions, coming soon in "Martha Stewart Living" magazine.



NICE TRY: Police in Beaverton, Ore., say a bank robber did good initial planning: he had a disguise, a gun, and a bag to carry off the loot. He got \$188,655 — many times the average \$25,000 for takeover robberies, police say. It was the getaway that wasn't planned well. The robber demanded car keys from a bank customer. "When he took the keys he said, 'I will leave them under the front seat'," says Steven Sturtevant. "He was very polite." The gunman dashed out the door, stopped, turned around and came back in, pulling off his mask to reveal a perplexed look. "I yelled to him that it was the silver Infiniti key," Sturtevant said. That gave police the time they needed to get within range of a tracking device planted in the money. Officers traced the signal to a nearby parking lot where they found the Infiniti — and Knute Falk, 54, who admitted to the robbery.

*All money is tainted.... Taint
yours and it taint mine and taint
enough of it!!*

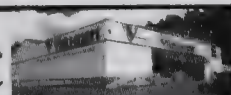


**Have You Seen
All Our
Neat Gift
& Nic Nac
Items**

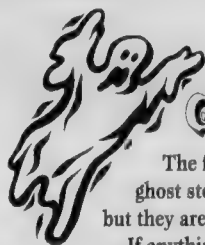


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GHOST STORIES

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...



Grandpa's Ghost

"The lady in the color photo is my granny," says Denise Russell. "She lived on her own until age 94, when her mind started to weaken and had to be moved to an assisted living home for her own safety. At the end of the first week, there was a picnic for the residents and their families. My mother and sister attended. My sister took two pictures that day, and this is one of them. It was taken on Sunday, 8/17/97, and we think the man behind her is my grandpa who passed away on Sunday, 8/14/84."

If you look closely at the pictures attached to the photo, you will see that the man behind the grandma really does look like "grandpa".

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For The Kids....

The Ontario Early Years Centre offers **FREE Developmental Screening Clinics by appointment only**. Held at the Ontario Early Years Centre in Minden (behind Sears). Please phone the Ontario Early Years Centre Minden at 286-1770 to register.

On Wednesday October 12th the Ontario Early Years Centre is offering a **Parent-Child Mother Goose program**. Held at St. Paul's church in Minden from 10:00 am – 11:00 am. Please phone the Ontario Early Years Centre at 286-1770 to register

On Wednesday October 19th the Ontario Early Years Centre is offering a **Parent-Child Mother Goose program**. Held at St. Paul's church in Minden from 10:00 am – 11:00 am. Please phone the Ontario Early Years Centre at 286-1770 to register

On Wednesday October 26th the Ontario Early Years Centre is offering a **Parent-Child Mother Goose program**. Held at St. Paul's church in Minden from 10:00 am – 11:00 am. Please phone the Ontario Early Years Centre at 286-1770 to register



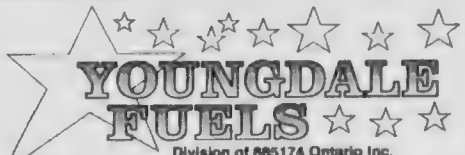
Cat Missing... Again... Osprey Road (Allsaw) Area

Our cat "Putty" seems to go missing the odd time, once she came back after three days, but now she is missing once again and a few days have gone by.

We are thinking that maybe someone thinks she is a stray and is now feeding and lodging her at their home. So in essence, she has two homes now and is going back and forth between the two - but we're not sure. If this cat has been visiting your home - could you please give us a call.

This cat is not a stray, she is a family pet of one year. If you see this and recognize the cat as a recent new addition to your home, could you please call us at 455-9595.

Also, if you live in this area and have seen this cat cruising around, can you let us know!! Thanks.



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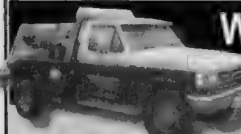
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Have You Ever Wondered?...



What do you call the @ symbol used in e-mail addresses?

That little "a" with a circle curling around it that is found in email addresses is most commonly referred to as the "at" symbol.

Surprisingly though, there is no official, universal name for this sign. There are dozens of strange terms to describe the @ symbol.

Several languages use words that associate the shape of the symbol with some type of animal.

For instance, some quirky names for the @ symbol include:

apenstaartje - Dutch for "monkey's tail"

snabel - Danish for "elephant's trunk"

kissanhnta - Finnish for "cat's tail"

klammeraffe - German for "hanging monkey"

papaki - Greek for "little duck"

kukac - Hungarian for "worm"

dalphaengi - Korean for "snail"

grisehale - Norwegian for "pig's tail"

sobachka - Russian for "little dog"

Before it became the standard symbol for electronic mail, the @ symbol was used to represent the cost or weight of something. For instance, if you purchased 6 apples, you might write it as 6 apples @ \$1.10 each.

With the introduction of e-mail came the popularity of the @ symbol. The @ symbol or the "at sign" separates a person's online user name from his mail server address. For instance, joe@uselessknowledge.com. Its widespread use on the Internet made it necessary to put this symbol on keyboards in other countries that have never seen or used the symbol before. As a result, there is really no official name for this symbol.

The actual origin of the @ symbol remains an enigma.

History tells us that the @ symbol stemmed from the tired hands of the medieval monks. During the Middle Ages before the invention of printing presses, every letter of a word had to be painstakingly transcribed by hand for each copy of a published book. The monks that performed these long, tedious copying

duties looked for ways to reduce the number of individual strokes per word for common words. Although the word "at" is quite short to begin with, it was a common enough word in texts and documents that medieval monks thought it would be quicker and easier to shorten the word "at" even more. As a result, the monks looped the "t" around the "a" and created it into a circle-eliminating two strokes of the pen.

Another story tells the @ symbol was used as an abbreviation for the word amphora. Amphora was the unit of measurement that determined the amount held by the large terra cotta jars that were used to ship grain, spices and wine.

Giorgio Stabile, an Italian scholar, discovered the @ symbol in a letter written in 1536 by a Florentine trader named Francesco Lapi. It seems likely that some industrious trader saw the @ symbol in a book transcribed by monks using the symbol and appropriated it for use as the amphora abbreviation. This would also explain why it became common to use the symbol in relation to quantities of something.



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Minden Businesses on the Move

Hang onto your hats, it's moving day in Minden! No fewer than three Minden businesses are on the move, and a fourth is planning a major move in the spring.



Kim & Shirley - My Size

space formerly occupied by Apparitions. Kim and Shirley are really excited about all the extra space they'll have to show off their new Fall and Winter lines, not to mention their extensive array of accessories. Their new store opened this week, but Shirley and Kim want to invite all their customers and friends, old and new, to their Grand Opening on Thanksgiving Saturday, October the 8th. Great specials and draw prizes will be featured all day!

My Size Already Settled In...

First off the mark is My Size, the popular clothing store owned by Kim Russell and Shirley Kuni. My Size is moving from the Village Green onto Main Street into the

Jewels Moved A Couple Doors Up...

Next up is Jewels, which moved this week into its new – and private space on the



Jean & Sharon

main street. Owner Sharon Joyce and staff have been painting and renovating themselves – “we’ve even been making all the curtains!” says Jean. The new store held it's Grand Opening this past Monday, but will be offering opening specials all this week.

This is a really attractive space for a first rate jewelry store, and it's easy to see why Jewels outgrew its last location in just one year.



Jewels New Location

Whispers Move Means Larger Showroom...

Not to be outdone, Susan Kellar, the owner of the very successful gallery Whispers North, is taking over the space just vacated by My Size in the Village Green. Susan knows that the Green is a great location for her gallery, but she also knew that she really needed more space. Whispers North offers the works of a truly impressive range of Haliburton County artists including Gary Chapman, Jane Selbie, Karen Sloan, John Lennard and Nancy Kursbatt, to name just a few. So when the much larger space right next door on the Green came available Susan made her decision right away. Whispers North will be closed from October 11th to the 14th to accommodate the



Susan Kellar

On The Move cont'd... pg 23...

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On The Move... Cont'd...

...from pg. 22



Bwana Johns now

And last, but certainly not least, Bwana John will be moving across Main Street to its new home this coming spring.

move, and will reopen on Saturday, October 15th. Susan plans a grand Open House on November 12th from 1 pm until 4 pm.

Bwana John's Moving In Spring...



Bwana John's New Location in Spring

Whispers North, Jewels, and My Size are all relatively new businesses so it's great news all round that each one is already for expansion. Congratulations to all the owners and employees and good luck for the future!

My Size old location.. now new home to Whispers North who was in store on right.. now in larger store on left.

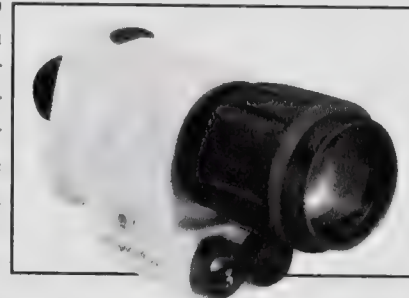


My Size New Location



What's HOT on the Shelf?

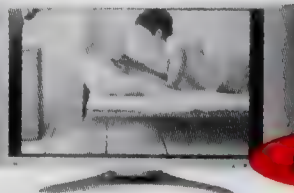
Need to see something in the dark? Night vision is here and available at Halco Electronics in Haliburton. Ideal for nighttime yachting or marine use, or whatever you need to see in the dark -this rugged night vision scope will still operate even if it's been submerged under water.



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- When after fooling around all day with routers etc, you pick up the phone and start dialling an IP number...
- When you get in the elevator and double-click the button for the floor you want.
- When not only do you check your email more often than your paper mail, but you remember your {network address} faster than your postal code.
- When you look for a icon to double-click to open your bedroom window.
- When you look for a trash can icon for throwing garbage.
- When you dream in 256 pallettes of 256 colors.



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It's Nomination Time For Business of the Year & Highlander of the Year

Once again it's time for everyone to consider whether there is a business, an individual or a group in our community worthy of recognition as Business of the Year or Highlander of the Year. Although nominees for Business of the Year are limited to Chamber members in good standing, the Highlander of the Year can be awarded to any individual or group in our community. And this

year again, both can be nominated by the general public, not just chamber members.

Nominations will be open until October 30th, at which time a Board committee will review all submitted nominations to ensure that all eligibility criteria have been met. As usual, the Business and Highlander of the Year will be announced and introduced at the Annual General Meeting being held this year at the Delta Pinestone Resort on November 12th.

Business of the Year - Criteria for Eligibility:

The Business of the Year Award recognizes a business, either for profit or not for profit, that: strives toward the highest levels of professionalism; successfully demonstrates a progressive attitude to employee relations; portrays a positive public image; has earned a reputation for excellence in customer service; makes regular contributions to the community and works to develop a positive business climate in the Haliburton Highlands, which includes the willingness and ability to cooperate with other local businesses for the benefit of the economic health of the Highlands.

Nominees must be a member in good standing of the Haliburton Highlands Chamber of Commerce.

Highlander of the Year - Criteria for Eligibility:

The Highlander of the Year Award recognizes the contributions and community leadership demonstrated by individuals or groups for the benefit of the Haliburton Highlands. Any resident of the Highlands who has made outstanding contributions to the community in the areas of arts, culture, heritage, community services, community economic development or the environment may be eligible for nomination. The Highlander of the Year is a community booster and a true Ambassador for the Haliburton Highlands.

How to submit a nomination:

Simply fill out the Nomination Form you can receive from the Highlands Chamber of Commerce.

Fill out the form completely, and submit it to the Haliburton Highlands Chamber of Commerce PO Box 147 Minden Ontario K0M 2K0, or fax to 705-286-6016. The Chamber's Board of Directors will review all nominations. All accepted nominations will be posted on the Chamber website and each full member of the Chamber will be entitled to vote for one nominee. The award will be presented at the Chamber's Annual General Meeting on November 12th. Deadline for submissions is October 30th.

You can receive a form by calling the chamber at 286-1760 or 1-800-461-7677.

It's The Law!



Minnesota

Women may face up to 30 days in jail if they impersonate Santa Claus.

In Minneapolis, double-parkers can be put on a chain gang.

Every man in Brainerd is required by law to grow a beard.

It's illegal to tease skunks.

Mississippi

It is still legal to kill one's "servant."

In Truro, a would-be groom must "prove himself manly" prior to marriage by hunting and killing either six blackbirds or three crows.

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Lange On The Law



by **Donald J. Lange**
Barrister & Solicitor

The Law of Contract

The law of contract governs our lives every day in many ways from hiring a tradesman to purchasing a product. The traditional theory of contract is that it is based on a bargain. A bargain requires an offer, the acceptance of that offer, and the exchange of "consideration" between the parties to the contract. For example, a vendor offers to sell an appliance to a person for \$50 and that person accepts the vendor's offer. The exchange of offer and acceptance gives rise to an enforceable contract for the sale of the appliance. The vendor's contractual consideration is the appliance. The purchaser's contractual consideration is the \$50 payment. Each party to the contract acquires a mutual obligation to the other party to exchange the consideration promised. If either party fails to perform the obligation, there is a breach of the contract and the other party may enforce it in court.

Some cases defy the traditional theory of contract because they cannot be explained by a bargain analysis. An example is a "unilateral" contract. Everyone has seen an advertisement offering a reward for finding a missing pet. A unilateral contract is created between the parties when a person responds to the offer of a reward. The "promisee" need not communicate to the "promisor" that he or she will look for the missing pet. The offer is accepted by the promisee's performance, that is, by looking for the pet. If the promisee finds the pet and returns it to the promisor, the promisee is entitled to the reward. Fortunately, in this example, there will be a happy owner waiting with open arms and the reward will be paid. However, in other circumstances where the reward is not forthcoming, the unilateral contract is enforceable in court.

An objective standard is applied to determine whether a contract arises between the parties. Although the actual intentions of the parties are considered, they are not as important as what a reasonable person would conclude about the parties' actions despite what they actually thought.

Certain contracts must be in writing, such as an agreement of purchase and sale relating to land. However, many contracts are simply oral agreements. If an oral agreement meets the objective standard for establishing a contract, it is as enforceable in court as a written contract.

In the next column, I will be talking about the corporate veil.



Getting a splinter?
Getting a paper cut?

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George Smitherman Announces Nurse Practitioner Funding for Haliburton Highlands

The Honourable George Smitherman, Minister of Health announced the approval of funding for the first of four Nurse Practitioner positions with the Haliburton Highlands Family Health Team. The Minister was joined by members of the Family Health Team Steering Committee, Family Health Network physicians and community partners to celebrate this critical first step towards improving access to healthcare for Minden, Haliburton and surrounding areas. "This funding is great news. The addition of a Nurse Practitioner to the Family Health Team will begin to address the difficulties that many residents of Haliburton County have in accessing consistent primary health care", says Dr. Scott Coles, Chair of the Haliburton Highlands Family Health Team Steering Committee.

The funding that has been announced today will allow the Family Health Team to add its first interdisciplinary team member. Nurse Practitioners are registered nurses that have completed additional education and



The Honourable George Smitherman - Minister of Health, is pictured at the construction site of the new Haliburton Medical Centre - located beside the Haliburton Hospital. George was in Haliburton recently as guest of the Community Care's 25th Anniversary Celebrations. He was also here to make a special announcement.

have an extended scope of practice. In collaboration with a physician, a nurse practitioner is an ideal health professional to provide wellness care and check-ups, stable chronic disease management, typical illness care (ie. ear and respiratory infections, certain joint and muscle injuries), health promotion and education. The Nurse Practitioner can independently order diagnostic tests, write prescriptions and diagnose illness within a well-defined scope of practice. When care outside of this scope is required, the Nurse Practitioner will consult with or refer to a physician for the needed skills and expertise.

Once a Nurse Practitioner has been recruited and selected for this position, the successful candidate will work closely with the physi-

cians of the Family Health Network to establish collaborative team relations, policies and procedures. When this introductory phase has been completed the Nurse Practitioner will work to improve access to primary care for the residents of Haliburton County. As a member of the Family Health Team, the Nurse Practitioner provides service to patients that are rostered, or signed up, to a physician of the Family Health Team. A Nurse Practitioner can carry a caseload of patients that range anywhere from 200 - 1000 individuals, depending on the type of services that are provided.

As the Family Health Team development progresses, additional health professionals will be added. As new team members join, more patients can sign up and access the services provided by the team. Once the team is complete, it is the Family Health Team's mission to provide every resident with access to comprehensive, timely primary health care.

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October 23

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Seasonal Cleaning

When I woke this morning to go on my early walk along the Old Mill Road, the winds were raging. The sentinel white pine on the edge of the river outside the window was leaning from side to side with the force of it. Leaves were blowing like snow; yet, the temperature was easily that of a summer morning.

When I set out along the road, I didn't notice at first the amount of debris, lost in thought as I usually am before the sights and smells pull me out of my self-absorption. Then I began to see that the pavement was actually a pale orange rather than its usual dull grey, and that the pale orange was a covering of pine needles, blown right from the forest floor and off the trees onto the pavement! This went on for the whole of the walk. Then I saw small branches with leaf clusters actually being pulled from the trees and floating to the pavement. "Nature is doing her cleaning, today", was my first thought.

The change of seasons was being heralded by these winds, cleansing and moving everything around. Tomorrow is the fall equinox, the official end of summer, and the cleaning is timely; in fact, I recalled, Nature has ways of cleaning at the turn of every season. This morning's walk reminded me that we're coming into my favorite of all seasons: the long dark evenings, the quiet preparing for winter, the lessening of social interactions until Christmas, and a more direct engagement with Nature herself through her weather. Autumn is my most creative time: as the light lessens, my inner creativity stirs in the dark and expresses itself with a fullness and variety that it doesn't have at any other time of year.

We too are expressions of Nature. Aren't our rhythms similar to hers, though we have lost touch with them through all the ways we disconnect and protect ourselves from her seasons? Yet, her seasons still move through us: emptying, stillness, sprouting, abundance. These rhythms move us even when we're not aware of them.

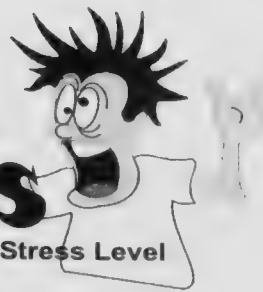
This morning's winds on the eve of the Autumn Equinox remind me that we too have a need to cleanse ourselves at the turning of the seasons. Many people put away summer things as a way of cleaning and caring for their houses and property. That's good, but it's not what I mean. There's an inner cleansing also needed, a stripping away of what is no longer needed inside – old grudges and attitudes, old ways of looking at the world that no longer serve us.

And perhaps we, like Nature herself, can let the Wind do it for us.

try this: go outside on a windy day and stand where the wind can buffet you. Take the wind inside and allow it to move through your being, your spirit. Look squarely at what needs to go, at what you no longer need to be carrying, and let the wind take it somewhere else.

STRESS BUSTERS

Quick Tips To Lower That Stress Level



Work It Out for Fast Relief

A Duke Study of depressed people found that rigorous workouts, for even as short a time as eight minutes, could temporarily but dramatically reduce feelings of depression, tension, anger, confusion, and fatigue. Go ahead-test it out. Jump rope, hop on a bike, run, walk up and down stairs, or engage in some other aerobic exercise. Get your blood pumping to energize you and to dissipate the stress-chemical build-up from negative emotions. Finding a healthy physical outlet for our feelings is one of the best ways to cope with them.

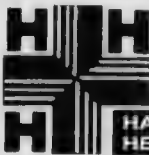


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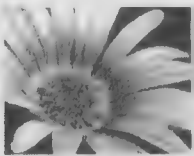
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Health Unit News:

Board of Health Seeks Meeting to Discuss Pollution and Beach Water Quality

The local Board of Health wants all levels of government to come together to discuss how to best protect area beaches from being polluted by a variety of sources, including waterfowl. At last week's meeting of the Board of Health for the Haliburton, Kawartha, Pine Ridge District Health Unit, members approved a motion to invite representatives from the Ministry of the Environment, Ministry of Natural Resources and the Canadian Wildlife Federation to a future meeting to discuss ways to prevent future beach closures caused by pollution, including waste from waterfowl. "As a Board of Health member representing City of Kawartha Lakes, "We need to be more proactive with the upper levels of government and get them involved in this issue." The Health Unit follows protocols set by the province for testing and posting area beaches is E.coli levels are higher than a level considered acceptable by the Ministry of Health.

Smoke-Free Ontario Act

Kris Kadwell, a Tobacco Enforcement Officer in the Haliburton office, provided an overview of the province's new Smoke-Free Ontario Act. The new act restricts smoking in all enclosed public places and workplaces, and integrates the previous Tobacco Control Act and the Smoking in the Workplace Act. The Smoke-Free Ontario Act was passed in June 2005 and will see most of its regulations come into effect on May 31 2006. Kadwell said the new Act will level the playing field for businesses by making all restaurants and bars smoke-free. It will also make it easier to enforce the Act, as the onus on compliance will now rest with the restaurant or bar owner and the need for them to tell their customers not to smoke on the premises. The Act also works to restrict young people's access to tobacco by implementing a requirement for retailers to ask anyone who looks under the age of 25 years for identification if they are purchasing tobacco. Retailers must also show due diligence in training and educating their staff on the Act and asking for identification. As well, "power walls," or the prominent wall displays of cigarettes found in stores, will be eliminated by May 31, 2008. There are currently 500 tobacco vendors in the area covered by the Health Unit. In recent compliance testing, 237 vendors were approached for the sale of tobacco by a test shopper (a person younger than 19 years of age who is hired by the Health Unit to try to purchase tobacco). Of those 237 vendors, 23 sold tobacco to the test shopper and were charged, resulting in a 90 per cent compliance rate for vendors in the HKPR District Health Unit's area, compared to the provincial compliance level of 80 per cent.

Good Food Box

The Good Food Box program provides a box of fresh fruit and produce for between \$10 to \$15. Health Unit staff work with local food producers and grocery stores to provide a box of produce at a low cost. Residents can order their boxes once a month and prepay at designated sites. The produce is distributed to a central location, and volunteers pack the boxes. Distribution is on a specified day of the month, and in some areas, volunteers will deliver the boxes to more remote communities. In Northumberland County, the number of boxes distributed has increased by 62 per cent, with approximately 168 orders for boxes filled each month. In Haliburton County, 80 Good Food Boxes are distributed each month.

Taoist Tai Chi Increases Strength & Flexibility & Improves Balance & Circulation

A year ago, Boshkung Lake resident Jim Higgins was semi-crippled by arthritis and a knee operation. Today, after a year of doing Taoist Tai Chi he says "I'm now a relatively spry senior. And it has relieved the pain of a rotator cuff injury I had experienced for decades". He started doing Tai Chi through the Haliburton Highlands satellite of the Peterborough Branch of the Taoist Tai Chi Society of Canada which has regular classes in Minden, Haliburton and Wilberforce. Jim is sold on Taoist Tai Chi and continues to attend classes and do the movements at home.

Jean Bolt attended the same Minden beginners' classes in September 2004 "because I had arthritis in my knees, my hands and my right hip, which caused constant pain and immobility. The first few classes were difficult for me, and I sat out quite a bit". But Jean persevered, and practiced the movements at home between classes. By January 2005 her flexibility had increased and the pain was almost gone. She has shown classes that where before she couldn't open her hands or spread her fingers, they will now open and flex freely. "One year later I can do all the movements freely and the pain has gone completely. I really feel like a new person", she says. Jean is also happy to be able to get back to weaving and quilting again.

Taoist Tai Chi is a gentle art which brings health and well-being for people of all ages and health conditions. It was introduced to Western society by Master Moy Lin-shin in 1970 and is designed to promote and restore health through the performing of a series of 108 movements and associated foundation exercises. The slow,

graceful movements increase strength and flexibility and improve balance and circulation. It brings into play every part of the body and brings improved health to all body systems, including cardiovascular, digestive, endocrine and immune systems, not just the musculoskeletal system.

Research conducted at the Medical Academy of Shanghai, the Tangshan Medical Centre and Bellevue Hospital in New York City show that Tai Chi stimulates the central nervous system, lowers blood pressure, reduces stress and gently tones muscles without strain. It also enhances digestion, elimination of wastes and the circulation of blood. Moreover, Tai Chi's rhythmic movements massage the internal organs and improve their functionality.



Anje Hilkers of Carnarvon has been doing Taoist Tai Chi for about three years. As a child she was diagnosed with posture problems, but nothing seemed to

help, and to stand properly hurt too much. She became accustomed to a constriction in her back and would squat instead of standing for any length of time. Two years ago she attended an unusual three classes in one day. "During the break of the third class, I noticed that I could stand for a long time", she says. "Obviously something had changed and I am happy to say that it has been a permanent improvement. The next day I noticed that the stiffness, a sort of dull ache in my lower back, had gone. This improvement also turned out to be permanent, although it tends to recur if I do not do the foundation exercises".

Free Open House

The Taoist Tai Chi Society will hold free open houses for the public in Minden, Haliburton and Wilberforce between October 14 and October 24 according to the schedule shown in the accompanying advertisement. These will include demonstrations and discussions of the health benefits of Taoist Tai Chi as well as the opportunity to register for upcoming classes. Call 705-489-2996 or 457-1909 (local) or 1-866-882-4244 (toll free) for more information.



Registered Charity
No 11926 7466 RR0001

TAOIST TAI CHI

**Free Introductions to Taoist Tai Chi
Gentle Exercise for Health**

Minden - Hyland Crest

Friday October 14 - 10:30 a.m.

Monday October 24 - 7 p.m.

Call Ginny at 489-2996 to register.

Haliburton

Heritage Ballet, Stedmans Mall Lower Level

Monday October 17 - 9:30 a.m.

Call Wilma at 457-1909 to register

J.D Hodgson, Room 214

Wednesday October 19 - 5:45 p.m.

Call Maria at 457-2200 to register

Wilberforce

Lloyd Watson Centre Wednesday,

Wednesday October 19 - 1:15 p.m.

Call Wilma at 457-1909 to register.



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Community Support Month is about "Bring Care Home"

Our Community Support Services are vital in keeping people healthy and where you most prefer to be: at home. And it's time to celebrate. October 2005 is Community Support Month in Ontario. It's all coordinated by Community Care Haliburton County a member agency of the Ontario Community Support Association (OCSA).

"Community support's all about bringing care home," says Donna MacDonald of Community Care. "It's the less expensive alternative in health care today but it's in trouble. Everyone's got questions, the need is growing, funds aren't enough and the population is ageing. But we've got the track record and we're the solution."

For Community Support Month Haliburton Highlands Quilt Guild has donated beautiful hand made placemats to all the Meals on Wheels Clients. Community Care thanks the Quilt Guild for these lovely community quilt placemats.

Community Care is also holding a fundraiser Fall Dessert & Coffee Fashion Show on October 23 at the Wigamog Inn Resort. If you would like more information on this fundraiser call Community Care.

Volunteers are at the heart of everything Community Care does



Community Support Month is the time to volunteer. Volunteering to help your neighbours builds your spirit and our community. To get involved, contact Roxanne Casey at 457-2941 or visit www.communitycarehaliburton.com.

Community Care Haliburton County provides services to seniors and adults with disabilities and their caregivers. The services provided at Community Care are; Meals on Wheels, Wheels to Meals,

Emergency Response Systems, Home Help & Home Maintenance, Social Recreation, In-Home Respite, Friendly Visiting, Friendly Visiting, Telephone Security Checks and Transportation to Appointments

The services are delivered by 8 staff and 170 well-trained volunteers. All are committed to friendly, caring and personalized care that responds directly to clients needs.

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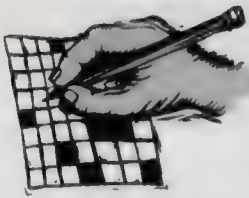


...Your Card!

MINDEN

Hwy. #121 North 1km
east of Hwy. #35

705 286-4280



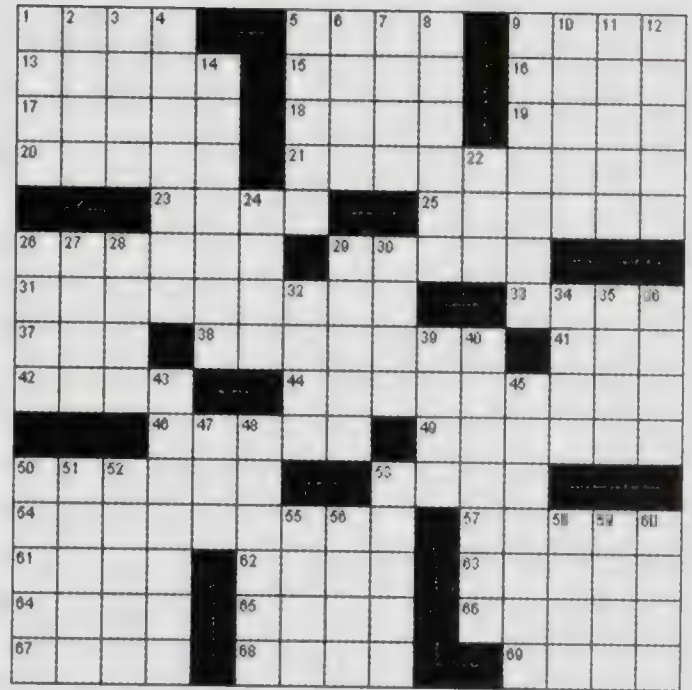
CrossWord Puzzle Time...

Across

- 1 Adriatic port
- 5 Catchall category: Abbr.
- 9 Cuts down
- 13 Upright
- 15 Wife of Esau
- 16 Exiled Ugandan
- 17 Race official
- 18 Composer Bartok
- 19 Sandwich shop
- 20 Legal get-out
- 21 Alienated
- 23 Organic compound
- 25 Travolta movie of 1978
- 26 Hypothetical particles
- 29 Good buddies on the road
- 31 Famous spoon bender
- 33 "The King and I" locale
- 37 Woosnam of the P.G.A.
- 38 Sycophants
- 41 Bullfight bravo
- 42 Fruit with a stone
- 44 Nursery rhyme cry
- 46 Flip
- 49 Finally
- 50 Rang
- 53 Poker opener
- 54 Dickens novel
- 57 Crippled
- 61 Pierce portrayer on TV
- 62 Monkee Peter
- 63 Foe
- 64 Spotted
- 65 Garfield dog
- 66 French river
- 67 Jane Rochester's maiden name
- 68 Shipping dept. stamp
- 69 Bellow

Down

- 1 Alpha follower
- 2 Seed covering
- 3 Notes after do
- 4 Lettuce variety
- 5 "The Pirates of Penzance" heroine
- 6 Bad day for Caesar
- 7 Pepper's partner
- 8 Custody
- 9 Lunacy
- 10 Symbol of resistance
- 11 Sly tricks
- 12 Sneering
- 14 Bauble
- 22 Flightboard abbr.
- 24 Nobel Peace Prize city
- 26 Witty remark
- 27 River at Orsk
- 28 Hokkaido native
- 29 Yielded
- 30 Soft French cheese
- 32 Croquet site
- 34 Corn Belt state
- 35 Brewery products
- 36 Rendezvous
- 39 McGregor of movies
- 40 Resolves
- 43 Ordinary
- 45 Rigby of song
- 47 Dearie
- 48 Newspaper chief
- 50 Cycle part
- 51 "Roots" author
- 52 Command
- 53 Invited
- 55 Style
- 56 Pop music's Clapton
- 58 Office note



For solution see pg. 61

*Do infants enjoy infancy as much as
adults enjoy adultery?*

Country Rose Garden Centre

Fall for Harvest Colour

Great Ideas for home decor
from the dinner table to the deck!

New giftware lines arriving daily!!

Jumbo bulbs for better blooms!!!



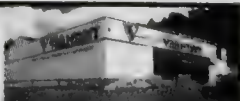
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These Things I Wish For You

We tried so hard to make things better for our kids that we made them worse.

For my grandchildren, I'd know better.

I'd really like for them to know about hand-me-down clothes and home-made ice cream and leftover meatloaf. I really would.

My cherished grandson, I hope you learn humility by surviving failure and that you learn to be honest even when no one is looking.

I hope you learn to make your bed and mow the lawn and wash the car — and I hope nobody gives you a brand-new car when you are sixteen.

It will be good if at least one time you can see a baby calf born, and you have a good friend to be with you if you ever have to put your old dog to sleep.

I hope you get a black eye fighting for something you believe in.

I hope you have to share a bedroom with your younger brother.

And it is all right to draw a line down the middle of the room, but when he wants to crawl under the covers with you because he's scared, I hope you'll let him.

And when you want to see a Disney movie and your kid brother wants to tag along, I hope you take him.

I hope you have to walk uphill with your friends and that you live

in a town where you can do it safely.

If you want a slingshot, I hope your father teaches you how to make one instead of buying one. I hope you learn to dig in the dirt and read books, and when you learn to use computers, you also learn how to add and subtract in your head.

I hope you get razzed by friends when you have your first crush on a girl, and that when you talk back to your mother you learn what Ivory soap tastes like.

May you skin your knee climbing a mountain, burn your hand on the stove and stick your tongue on a frozen flagpole.

I hope you get sick when someone blows smoke in your face. I don't care if you try beer once, but I hope you won't like it. And if a friend offers you a joint or any drugs, I hope you are smart enough to realize that person is not your friend.

I sure hope you make time to sit on a porch with your grandpa or go fishing with your uncle.

I hope your mother punishes you when you throw a baseball through a neighbor's window, and that she hugs you and kisses you when you give her a plaster of paris mold of your hand.

These things I wish for you — tough times and disappointment, hard work and happiness.

By Lee Pitts

from Chicken Soup for the Golden Soul

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**We'll Make Sure Your Boat is Put Away
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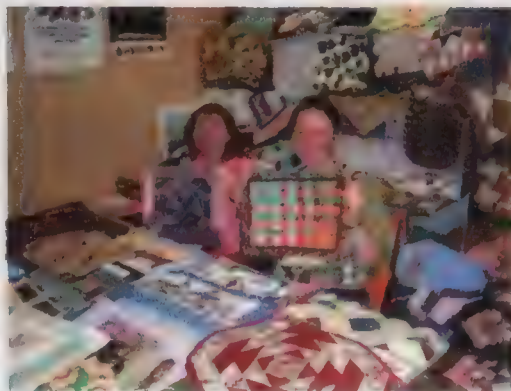
**Book
Now!!**

457-2278

150 Sets of Placemats Handmade & Donated To Worthy Cause



Each year the Haliburton Highlands Quilt Guild donates hand made placemats to Community Care's Meals on Wheels clients. This year the Quilters Guild made 150 sets of placemats to be distributed during Meals on Wheels Week.



The Quilters Guild is always looking for new members, so if you are interested in this Community Group, please contact Dorothy Thayer 457-1214



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- 2.5L SOHC, horizontally-opposed, 4-cylinder SUBARU BOXER engine with i-Active Valve Lift System
- 173 horsepower and 166 lb-ft of torque
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Urban Legends

The Nut & the Nuts

A young woman was driving alone one night near the local Insane Asylum when she heard on the radio that a dangerous Lunatic had escaped. Within minutes she heard a pop and felt one of her tires go flat. She built up her nerve and got out and began to change the tire. Just as she slid the spare on she noticed a man in a plain white uniform staring at her from the bushes. Startled, she dropped the lugnuts and heard them scatter on the ground, as she vainly searched in the darkness for the scattered lug-nuts she heard the man slowly approaching. Terrified, she asked herself in a trembling voice, "What am I going to do now?" and the Lunatic replied "Why don't you take one nut from each of the other wheels and put them on the spare?" She did, and was soon on her way.

As I said before... I never repeat myself

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PRIVACY PLUS

Spectacular 81 acres parcel surrounded by crown land on 3 sides, features a mature mixed bush, shared 16 acres stocked pond & fronting on private Green Lake. Totally self contained 2000 sq ft year round home with 3 bedroom, 2 full washrooms & 3 out buildings. Trails throughout, abundant wildlife, one of a kind. Close public access to large Rustyshoe Lake.



\$299,900



School News:

by Christine Carr

September is over, we are getting well into October, and the school year is flying by. Progress reports are coming, meaning two things: students are beginning to stress, and the homework and tests are getting loaded on, with marks due on Friday, October 7.

Sports are finally in full spring with the pep rally over and the first football games finished with.

The pep rally was a hit, with students cheering for their school and getting all dressed up in their red and white, then going down to cheer for the football teams as they attempted a victory over NDHS. Unfortunately, the junior team lost, but the senior team won their first game of the season. Better luck next time juniors, and way to go seniors!

The senior field hockey team also played their first game with a tie of one-one, which is excellent considering they were missing around eight members of their team because of Sunship Camp! Cecily Taylor had an assist, while Jen Goodwin scored the goal! Way to go!

Music is in full swing, with the flute choir preparing for their first performance in Huntsville in November, and hopefully we can get a concert band started soon! If there are any musicians out there who would like to join, feel free-you'll have tons of fun! Not much is happening at present, as students are attempting to get all of their work done.

On the seventh the annual awards ceremony was held for those students who managed to get honours the year before or perfect attendance. Congratulations all those who received awards! Good luck on your reports and see you around!



bad predictions

"The modern gasoline-powered car will disappear, but not by 1984. Around the turn of the century, we will indeed run out of a few key things, like fuel... Atomic cars? Ridiculous - just like the gas - drive- engines in 1880... Hence, in 1984 or 2000 we will still be running around in cars - but not the type we now use."

- Richard N. Farmer, The Real World of 1984, 1973

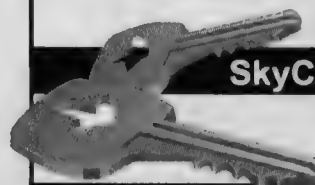
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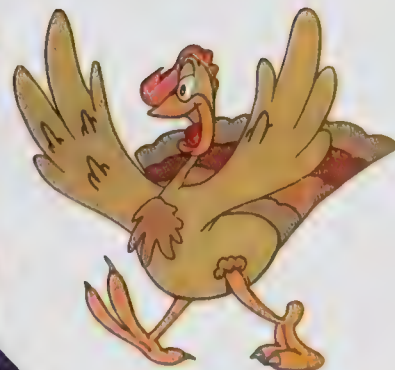
SkyCorLock@Netscape.net





Spot The Differences

Can you spot the 10 differences in these cartoons?



See page 61 for answers...

*Here's wishing everyone a
wonderful Thanksgiving
Holiday!!*



GREAT FUN FOR YOUR CHILD!

Webkinz.com adopt a pet. It's a plush animal AND a virtual world computer pet. Each plush has its own special code. There are several different styles of plush to chose from. Spend time bonding with your child by assisting them with the registration of their new plush pet. Once the pet is registered the young person can play educational games on the website, to earn webkinz rewards and apply the rewards towards items for their "online" pet.

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In Haliburton



Dining and Entertainment

South Algonquin Cookhouse

**South Algonquin Cookhouse Offering Popular Dinner Buffets
That Will Have You Wanting More!!**

For the last five years John Bower and his excellent staff have been welcoming guests from all over Haliburton County and beyond to his South Algonquin Cookhouse. John's a man who pays a lot of attention to detail and when he built the Cookhouse he had a very specific vision. He wanted to provide local residents and cottagers of Harcourt and the surrounding area with high quality, dependable food accompanied by professional, friendly service. And he's succeeded to such a degree that after five successful years the Cookhouse is now a favourite of cottagers, residents, and in winter snowmobilers from all over Haliburton County.

John's design for the restaurant has also worked right from the start. His combination of traditional pine with green tables and seasonal décor carries right through the three rooms, including the spacious bar with pool table, traditional dining area, and buffet room with its casual "diner style" booths. All three rooms are both comfortable and elegant. John was always



convinced that if you provided guests with friendliness, good food, and style you just couldn't lose. And he's certainly been proved right.

John gives a lot of credit for the consistent high standard of his cuisine to Chef Jamie Paterson. He can't say enough about Jamie's dedication and culinary style. Jamie just seems to understand the Cookhouse's clientele – what will work and what might not. The quality of the food, and the imagination Jamie brings to traditional roadhouse fare, is really impressive.

Desserts are a specialty of Chef Jamie's and all the wonderful cakes and pies offered are homemade, and truly special. Soups are also home made, as are the secret Cookhouse BBQ sauce for their famous 'pork side ribs falling off the bones'. Their number one best seller is the hand-battered haddock



Algonquin Cookhouse cont'd.... pg. 37...

Ray's pizza

**By the slice or
by the whole pizza
Eat in or Take out**

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Sun-Wed. 11-7
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Large Children's Menu
6 Draughts on Tap*

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AAA Ontario Beef
Homemade Pastas**

**Open Mon - Fri From 4 p.m
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STEAK & PASTA HOUSE
(705) 489-1939

Hwy 35 South of Carnarvon 489-1939

All You Can Eat Dinner Buffets: Fish & Chips; Ribs & Chicken, Roast Beef...

... from pg 36

with their own fresh cut fries. And now John and his staff are offering great new Buffet Weekend deals for their faithful customers.

For years the South Algonquin Cookhouse has offered one of Haliburton County's best all-you-can-eat Sunday Brunches. Now the Cookhouse is extending their Buffets to include Friday, Saturday and Sunday nights, starting immediately, at an irresistible price.

On Fridays from 4:30 pm to 8:30 pm the Cookhouse's famous fish and chips will be on the Buffet, all you can eat, for just \$9.95



including soup and salad bar. And it just keeps on going: on Saturday, the Buffet will feature a combo of Rotisserie Chicken and BBQ ribs together for just \$17.95, again from 4:30 until 8:30.

On Sundays, in addition to their traditional Sunday Brunch, a great Sunday Roast Beef Buffet at just \$12.95 can be had from 4:30 until 7:30 pm. Again, soup, salad, fries or mashed potatoes and veggies are all included.

Don't Miss Special Thanksgiving Buffet

And, for this coming Thanksgiving weekend, on Sunday October 9th from 4:30 pm until 8:00 pm John is offering a really memorable all-you-can-eat Buffet. Here's what you'll get, for just \$19.95 per person.

Start with homemade soup and fresh salad bar. Cruise on to fresh, decorated salmon. Follow that with roast turkey with traditional dressing, the Cookhouse's cut-with-a-fork roast beef and BBQ ribs. Add to that cabbage rolls, turnip, perogies, roast potatoes and seafood salad. If you're still standing, have some fresh veggies with dip or fresh fruit. And top it all off with traditional homemade pumpkin pie with whipped cream, and a full selection of Jamie's own cakes and other delectable desserts. And, of course, tea or coffee. And all for \$19.95 per person! And children 12 years old and younger are half price. Reservations recommended!

What a way to say thanks to all the Cookhouse's friends and their families for a great summer, and a great five years of business!

John Bower and his staff also specialize in catering to private parties of all sizes. Remember, the Christmas season isn't that far

away and the Cookhouse is already accepting Christmas party reservations.

The South Algonquin Cookhouse is open during the fall & winter season on Wednesdays from 4:30 pm to 8:00 pm, Thursdays from 11:30 am to 8:00 pm, Friday and Saturday 8:00 am to 9:00 pm and Sunday from 8:00 am to 8:00 pm. John strongly suggests customers make reservations for the amazing Thanksgiving Dinner Buffet at 705 448-2322. And be sure to watch for other great upcoming "special dinner buffets" you won't want to miss. They are definitely worth the drive to Harcourt!! The Cookhouse is located in the heart of Harcourt Village on Highway 648.

ESPECIALLY FOR YOU ON THANKSGIVING

CALL TODAY
FOR
RESERVATIONS
705-448-2322

SOUTH ALGONQUIN

COOKHOUSE

Take The
Family Out
For Supper!

SUNDAY OCT. 9TH
STARTING AT 4:30 PM TO 8:00 PM

ALL YOU CAN EAT BUFFET

FEATURING

SOUP & SALAD BAR
DECORATED SALMON

ROAST BEEF SO TENDER YOU CAN CUT IT
WITH YOUR FORK, ROAST TURKEY & DRESSING
BARBEQUE RIBS- CABBAGE ROLLS- TURNIP
PEROGIES - ROASTED POTATOES - SEAFOOD
SALAD - VEGGIE TRAY C/W DIP - FRESH FRUIT-
TRADITIONAL PUMPKIN PIE C/W WHIPPED CREAM
AND A TABLE FULL OF OTHER MOUTH WATERING
DESSERTS - COFFEE OR TEA

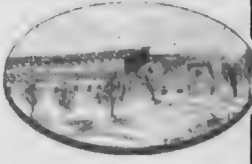
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Friday Prime Rib & Saturday Steak Night
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Sunday Brunch Buffet \$7.95
Family Dining at it's Best!
Carnarvon 489-3353
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THE TENTH HOLE
Lakeside
Restaurant & Bar

We are now closed for the Season.
We thank everyone for a great year!!

See you Next Season

754-2110

Lic. LLBO Hwy 118 just past the West Guilford turn off.

**Kosy
Korner**
Family Restaurant

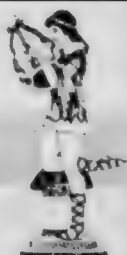
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7 DAYS A WEEK
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**ALL DAY
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Fine Dining

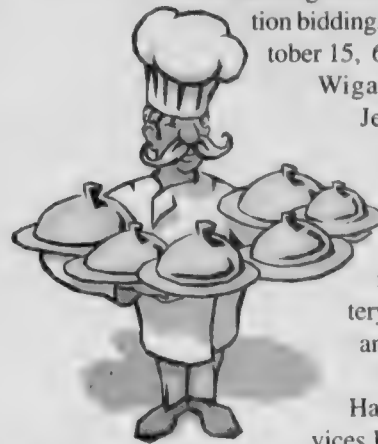
Famous for Seafood and Steaks
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Enjoy A Formal Wine & Dine Affair For The HHHS Foundation

All are welcome to join M.C. Mike Jaycock, Morning Host, 100.9 Canoe FM for an evening of wonderful wines....sumptuous dining, dancing to the Lincolnaires and fabulous Auction bidding, all taking place on Saturday, October 15, 6 pm at Wigamog Inn Resort.



Wigamog Inn Resort Chef James Jennings has a wonderful meal planned for all who attend - an appetizer buffet, wonderful dinner & dessert buffet to die for. There is also great auction items - jewellery, paintings, pottery, dinners, platinum Leaf tickets and more!

The event is a fundraiser for the Haliburton Highlands Health Services Foundation. This is a formal affair - the cost of the evening is \$110 per person (a partial tax receipt will be issued).

For information or tickets please contact the foundation office at 457-1580 or 286-1580. or Email: foundation@hhhs.on.ca.

We'll Make Your Thanksgiving Yummy!

Oven Roasted Spiced Pumpkin Pies
Spiced Pumpkin Soups Beef & Guinness Stew
& Lots More Culinary Delights

**Harmony
Farm**

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& Gourmet Shop**
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129 9th Concession, off Hwy 121. 6 km South of Kinmount

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Complete Birthday Party in a box
Delivered to your door
Tableware, Party Hats, Invitations
Loot bags.
Balloon Bouquets delivered on the day of your party.

Special orders available. Call for details & pricing
455-9065 (9-5 p.m) 457-3264 (after 6 p.m)

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**Sunday
Brunch
10:00 - 1:00**

**Dinner Buffet
5:30 - 7:30
Thursday, Friday,
and Saturday**

Off Hwy 35 on Red Umbrella Rd - Just south of Carnarvon

Bob Bossin Comes To Haliburton

"Only a handful of song writers have created a body of work that constitutes a portrait of our country. Stan Rogers did that.

So did Gordon Lightfoot.

And so does Bob Bossin."

- Stuart Mclean



First, in the Haliburton County Folk's Society's concert series, is Bob Bossin. He will be performing, one night only, at the Fish Hatchery, County Road #1 on Friday, October 21st

at 8:00 pm. Tickets are available at Highlands Computer Services on York St. in Haliburton or by calling 457-1174. Folk Society Members can buy tickets for \$10.00; non-members pay \$12.00.

Who is Bob Bossin?

Born in 1946 and raised in Toronto by artist parents, he attended the University of Toronto at the height of the sixties. He actually has a PhD from Rochdale College!

Bob co-founded "Stringband" with Marie-Lynn Hammond in 1971. Together, they toured for the next 15 years. In the late 80s, Bob formulated "Bossin's Home Remedy for Nuclear War". The medicine show toured Canada, the US, Australia and New Zealand selling some 9,000 bottles. Not bad, if he does say so himself.

In 1991, he moved to Gabriola Island and married Mary Jo Fulmer the following year. Madelyn was born in 1993. In 1994 he recorded his first full studio album in years, "GABRIOLA VORIXO".

Set to his song about the Clayoquot forest protests, Nettie Wild directed "Sulphur Passage", a music video/mini-documentary. It won seven international awards and, more importantly, played a role in the fight to preserve the Clayoquot Sound and other wilderness areas.

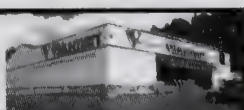
In 2003, a retrospective box set of Stringband's music was released.

For more information, or to hear samples of Bob's music, see The Old Folksinger's Homepage, www.bossin.com.



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A Taste Of Italy!!!!!!

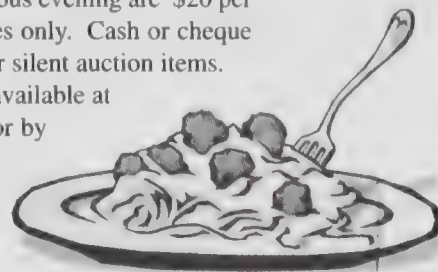
A Haliburton Hospital Auxiliary Fundraiser

You won't want to pass a evening that promises to be a fabulous outing complete with silent auction, scrumptious food, and live dinner music..

Be sure to get your tickets for "A Taste of Italy" – a Haliburton Hospital Auxiliary Fundraiser taking place Saturday October 22 at Branch 129 Haliburton Legion. Doors open at 6pm. There is a cash Bar and antipasto prior to dinner. Then get ready to feast starting at 7 p.m. You will receive complementary wine with your dinner – and during this time, the silent auction will continue.

Tickets for this fabulous evening are \$20 per person.....advance sales only. Cash or cheque graciously accepted for silent auction items. Tickets at present are available at the hospital gift shop or by contacting 754-2053 or 455-9583

Come out, eat, enjoy, and support your hospital auxiliary.



Mark Your Calendars

Join us for the 3rd Annual

HIKE HALIBURTON Festival

Adventures Include:

- GPS Treasure Hunt
- Gems beneath your boots
- Llama Walk
- Walk in the Clouds
- In Search of Harburn Wells
- Millin around the Mill
- Get the Scoop on Poop
- Fitness Walk
- High Falls Hike & Ride
- Photography Walk

Plus A Great Celebrity Hike with Hiker Mike Kirby,

See You
At The

**Blast-Off BBQ
Friday, Oct. 14**

5 p.m. – 10 p.m. at the Fish Hatchery
BBQ • Nite Hike • Live Music
\$5 per person

Blister Ball
Live Band & Silent Auction
& Dancing
Saturday, Oct. 15

8 p.m. – 1 a.m. at the Haliburton Legion
\$10 Members \$15 Non Members

Over 30 themed & guided hikes- \$2/hike. Donations welcome!
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for more information please call 705-489-4049
or email: areesor@trailsandtours.com

A
County-wide
Celebration
of Trails

An Evening of Superb Classical and Popular Music

In Harmony is an evening of superb classical and popular music that you are sure to enjoy. It's taking place Friday, Oct 21 7:30 at ST. George's Anglican Church on 617 Mountain St. in Haliburton.

Tickets are only \$10 and are available at Masters Book Store in Haliburton. Help support the Primate's World Relief and Development Fund – get your ticket today!

About the Show, the Performers & Their Cause...

Two very talented young people from London, Ontario, Rachel Snow, soprano and Ryan Phelps, pianist, began a concert tour, "In Harmony" in January, 2005 to benefit the Primate's World Relief and Development Fund and local churches throughout Ontario. The "kick-off" concert was at Christ Church, London on January 22nd. At this concert, \$500 was raised to specifically benefit victims of the South Asian tsunami disaster.

Rachel and Ryan's goal is to raise \$20,000 for PWRDF. The concert tour was born out of a keen desire to use their talents to assist others less fortunate.

PWRDF or The Primate's Fund is an outreach branch of the Anglican Church of Canada that engages in development work, responds to emergencies such as the African AIDS crisis, and works to protect refugees around the world. The federal government matched donations made to PWRDF for the recent tsunami disaster.

Rachel's amazing voice has delighted audiences at ever stop along the way. Ryan has shown his great talent and adaptability with an new instrument at each concert. Several audiences have been so impressed with their music that they have requested tom to come back again and do another concert in the future.

"In Harmony" will take Rachel and Ryan to Anglican parishes from Kenora to Petawawa and from Cornwall to Windsor – and of course right here in Haliburton.

They have about 60 concert dates and have performed 52 thus far. Rachel and Ryan are offering an evening of classical and operatic music, balanced with some popular content.

Both Ryan Phelps and Rachel Snow are graduates with music degrees from the University of Western Ontario.

Ryan studied piano performance at UWO under Tina Yanchus

and James Hibbard and is currently studying with Ronald Turini, a student of Vladimir Horowitz. He has been awarded numerous prizes and scholarships at both the local and provincial levels. For the past four years, he has been an active recitalist, giving more than 10 solo recitals at concert halls in Southwestern Ontario. He teaches a number of piano students.

Rachel is a lyric coloratura soprano who has studied with Mary Lou Fallis and Igor Saika-Voivod Sr. She has been a soloist with Sarnia's Clarion Symphony, The St. Clair Community Singers in Michigan, The London Fanshawe Symphonic Chorus, Opera Youk in Markham and featured soloist for

the past four years with The London Singers and Orchestra.

Rachel is an active member of the choir at St. Michael and All Angels Anglican Church in London. She has been the Canadian Welsh Singers' featured soprano soloist for the past year.

Greg Smith, rector of Christ Church and chair of the Huron Hunger Fund, writes in his letter of support, "IT is refreshing to see such vibrant and talented young people who have a passion not only for their life's work, but also for the justice work of their church>"

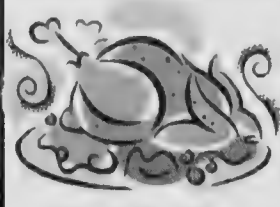
For more information regarding the tour or to listen to one of Rachel's songs you can visit her new web site at www.rachelsnow.ca.



Websites of Interest

Sculpture Forest Launches New Website

The Haliburton Sculpture Forest is now online. To find out more about this unique, outdoor collection of sculptures by Canadian artists, visit www.haliburtonsculptureforest.ca.



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The Lure of the Past: Haliburton's Popular Museum – Have You Been There Yet?

Tom Ballentine, the long-time Director of the Haliburton Highlands Museum, can't wait to tell me his news:

"This is what makes the job so wonderful. A short while ago a woman walked into the Museum and asked to talk to me. It turns out her family had lived and worked in Haliburton Village about a hundred years ago. She just happened to have her forbearer's extensive and detailed collection of photographs of Haliburton Village from the 1907 – 1908 era. And not just the photographs, but the original negatives as well, in beautiful condition. Would the museum like to have them for its collection?"

Well, the museum certainly would like the collection, and you can be certain that the photos will be archived and kept with painstaking care. And gifts like these are also a credit to the growing reputation of the Museum's permanent collection and its irreplaceable archival material.

Tom Ballentine, an anthropologist/archeologist by training, joined the Museum in 1985 as Assistant Director and two years later succeeded Ross Carver as Director. Stephen Hill has been the Museum's Curator since 1987 as well, a remarkably long time for professional colleagues to work together in one small institution, with one goal. "The continuity that Steve and I provide has helped the Museum, for sure. I'm interested more in the archeology of the County, while Steve is the acknowledged expert on Haliburton Village. But of course our interests and work overlap all the time."

The Museum was created by the Rotary Club back in 1967 as a Centennial project to commemorate the County's early pioneers. The original collection was first housed in the Reid House, a historic village home on Park Street in Haliburton, which the Rotary also bought. Soon the collection outgrew the Reid House and in 1978 it was moved to its present location in Glebe Park and



construction started on a permanent home. The present Museum was opened in 1980, and the Reid House was refurbished as a typical village home reflecting life at the turn of the century. Later on another house, along with a log barn and another small building housing a forge were added. Rotary generously donated the original Reid House and its collection to the Municipality of Dysart, which has continued to operate it to this day.

The main museum gallery houses the permanent collection of various exhibits grouped together under major themes representing Haliburton's development over the last century and a half, including of course the original aboriginal inhabitants. The exhibits reflect the early agricultural history and early settlement, the



Pictured is Tom Ballentine. Above is the Haliburton Museum.

Museum cont'd ... pg 43...

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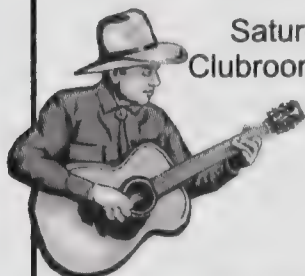
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& Rhubarb

**Come Out and Enjoy Some
Awesome Live Entertainment at:
The Haliburton Legion Branch 129**

Saturday Oct 8th - Bryan Switzer
Clubroom Downstairs. 9 p.m to 1 a.m

Saturday Oct 15th - Seabreeze
Clubroom Downstairs. 9 p.m to 1 a.m

Saturday Oct 22nd
Northern Jam
Clubroom Downstairs
9 p.m to 1 a.m



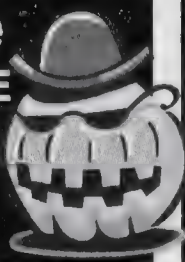
Halloween Dance

Featuring : **POVERTY LINE**

Country & 50's Band

9 p.m to 1 a.m: Upstairs

\$15 pp. Cold Buffet



ALL WELCOME



When taking food off the grill, don't put the cooked items on the same platter, which held the raw meat unless you have washed the platter in between uses. If You don't this could cause E-Coli bacteria.

To test to see if an egg is fresh, immerse it in a pan of cool, salted water. If it sinks, it's fresh. If it floats, throw it away!!

Need to peel a bunch of oranges for a salad? - Just soak the oranges in boiling water for five minutes then peel as usual. As a bonus, the "white" part of the peel will come off along with the peel to give an awesome look to your salad.

Open Stage – October 14

The Haliburton County Folk Society, in partnership with the Haliburton Highlands Trails and Tours Network, presents Open Stage 8:00pm at the Fish Hatchery on County Road 1. Come early (5-8pm) for the Hike Haliburton Festival's Blast Off BBQ. Performers can sign in at the show. Open Stage hosts will be Serendipity.



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Join us For Our Traditional Thanksgiving Dinner

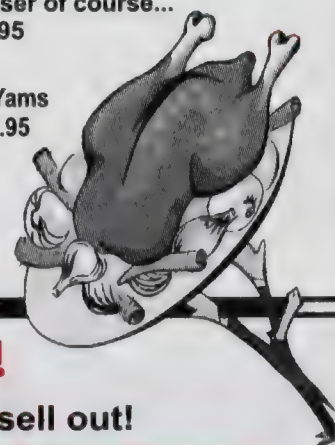
Roasted Turkey served with our homemade dressing. Your choice of Roasted Or Mashed Potato, Candy Yams or Butternut Squash. The closer of course... Pumpkin Pie. Your choice of Coffee or Tea. \$17.95

OR

Glazed Ham. Roasted or Mashed Potato. Homemade Dressing. Candy Yams or Butternut Squash. Pumpkin Pie. Your choice of Coffee or Tea. \$17.95

Kids Thanksgiving dinners are \$7.95 with all the fixings!
Thanksgiving dinner will be served at "YOur Convenience"
on Saturday, Sunday & Monday.

At the cottage and can't make it home? Join us. Celebrate with our family!



HALLOWEEN IS IN THE AIR!

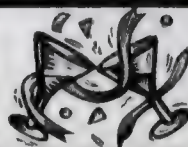
Costume Party!! Last year was a scary sell out!

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Post! Want In Free? Wear a costume and bribe the doorman with a non perishable food item for the Christmas food bank!

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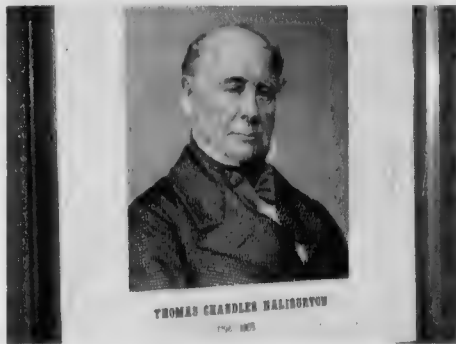


If you drink - Don't Drive
Remember, Grumpy's Taxi is only a phone call away or stay the night in a cabin for \$20 pp per night. Ample Accomodations!

The Haliburton Museum Cont'd...

... from pg. 41

arrival of the railway and the great days of lumbering.



THOMAS CHANDLER HALIBURTON
1796-1865

It's fascinating to see, through these exhibits of artifacts and photographs, just how Haliburton has evolved and survived over the years.

In addition the Museum houses an extensive collection of Haliburton archives and maps which are a

treasure trove for history students, genealogy buffs, journalists, and the general public. The Museum is happy to provide whatever help it can to researchers – and is particularly delighted when a copy of the eventually product, family tree or history, arrives back at the Museum as a donation!

Tom Ballentine and Stephen Hill have tried hard to humanize the exhibits as much as possible, in other words to explain our past through examples of the actual people who lived here. "There are human stories connected with almost every artifact" says Tom, "for example, the great tale of shopkeeper Fred Freeman and his famous penny barrel. Our job is to collect Haliburton's history, and interpret it for as wide an audience as possible, in other words to make it accessible and understandable."



The interest in our past is expanding as quickly as the County itself, and the Museum's collection is growing along with it. And as the collection grows the Museum is becoming a truly indispensable resource

for County residences as well as for researchers and historians from all over.

The Haliburton Highlands Museum is located in Glebe Park on the north shore of Head Lake, just off Highway 118. The Museum is open during the Fall Tuesday through Saturday from 10 am until 5 pm, and during the Winter Wednesday through Saturday from 10 am until 5 pm.



There is so much to see at the local museum. Be sure to spare some time to check it out.

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Hike Haliburton Festival - October 14, 15 & 16

Don't Miss The Blast Off BBQ Friday! Blister Ball & Silent Auction Saturday!!

It's back – bigger and better than ever... it's the 3rd Annual Hike Haliburton Festival. This year's program features over 30 themed and guided hikes as well as two great evening events you won't want to miss.

Enjoy the Blast off Barbeque Friday evening at the Fish Hatchery in Haliburton. From tasty beef or veggie burgers to fill your tummies, to great live music featuring an open stage event until 10 p.m. – all for just \$5 per person. The BBQ starts at 5 - 7 p.m. and the open stage starts at 5 - 10 p.m. The Fish Hatchery is located on Gelert Rd. (Cty Rd. 1) approximately 5 km south of Haliburton.

Saturday is Blister Ball & Silent Auction night at the Haliburton Legion with live music by Coyote Wild (back by popular demand and bringing a special guest!). The fun begins at 8 p.m. to 1 a.m. The cost is \$15 per person (\$10 for Trails & Tours members). Age of majority required.

For more information call: 489-4049 or visit the Trails & Tours Office in Carnarvon or visit their website at www.trailsandtours.com

See the 'program at a glance' on this page for a quick look at times of events. The following is a quick piece about each hike trail followed by a bit about each hike leader ...

The Hikes & A Bit About The Guides:

Hike #1. Millin' Round the Mill

Join Stouffer Mill B&B owners Jessie and Don Pflug as they explore the trail system on their 136-acre wilderness property, including a towering pine forest and several beaver ponds. **Time:** 9 - 11 am **Rating:** 4 km – Easy **Location:** Stouffer Mill B&B on Hwy 35, 9 km north of Carnarvon. **Guides:** Jessie & Don Pflug - owners of Stouffer Mill B & B

Hike # 2 & 23. Soggy Boot Shuffle

In a diverse area of woods and wetlands, the varied vegetation that occurs in marsh, fen, spruce bog, and forest is clearly evident; and rising above it all is an ancient glacial riverbed known as an esker. Rising as much as 70' above the adjacent wetlands, the esker provides excellent viewing and walking. **Time:** 1:30 - 4:30 pm - **Rating:** 4 km – Moderate - **Location:** 1126 Warder Rd - From Haliburton, follow Cty Rd 1 to Lochlin Turn right onto Lochlin Rd and continue another 2 km to Warder Rd. **Guide:** Don Wright

Hike # 3 & 5. Walk in the Clouds

Thrill to the dizzying effects of this treetop boardwalk 20m above the forest floor. A hike fee applies: \$85 for adults and \$75 for youth 10 to 17 years. Pre-registration is required. Call the Haliburton Forest at 754-2198. **Time:** 9 a.m. - 1 pm **Rating:** Easy, but not recommended to those with a fear of heights **Location:** Haliburton Forest & Wildlife Reserve on Kennis Lake Rd.

Hike # 4. In Search of Old Growth

This trek into the Clear Lake Conservation Reserve offers a rare opportunity to explore one of the few remaining stands of old growth white pine and hemlock left in Ontario. Take in panoramic views of Blackcat Lake along the way.

Time: 12:30 - 4:30 pm **Rating:** 6-8 km – Moderate **Location:** From West Guilford, follow Kennis Lake Rd to West Shore Rd (approx. 20km). Turn left on West Shore Rd and continue another 11 km – hike starts opposite Lot 20.

Guide: Adam Barkovitz - is the County Forestry Officer **Guide:** Larry Hewitt - was born and raised in Haliburton County and is the owner/operator of Hawk River Construction.

Hike # 6. Fall Botany Walk

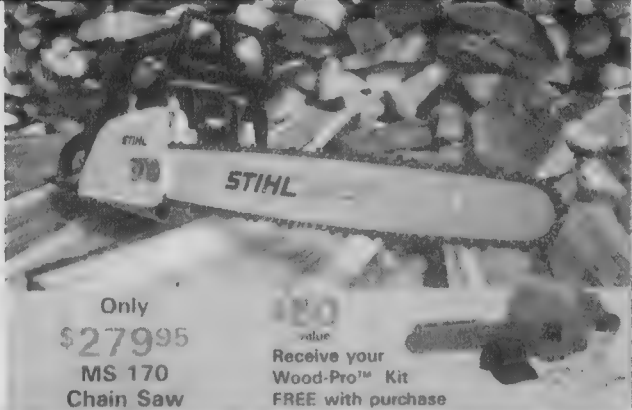
Ever wonder which plant is which? ... or what the name of a specific plant that you fancy might be? Take a leisurely walk through meadow and forest and learn how to identify your favourite plants in the fall including trees, shrubs, vines, ferns, wildflowers, berries and seed heads. This walk is a great intro to plant identification and appreciation.

Time: 1:30 - 3 pm **Rating:** 1/2 km – Easy **Location:** Minden Cultural Centre parking lot -176 Bobcaygeon Rd Minden. **Guide:** Angie Horner - is a resident of Minden and the proprietor of BOTANICA Earthly Solutions.

Hike #7. High Falls Hike

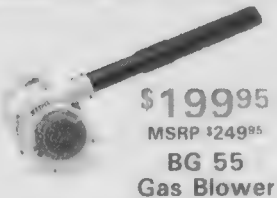
Hike along a trail that leads to Algonquin Park's "High Falls" on the York River. For many years this river was used as a major waterway. Algonquin tribes used it while retreating from the invading Iroquois. Fur traders used it as part of a transport route from Georgian Bay to the Ottawa River and lumber companies used it to transport their logs. Sturdy footwear for this hike is a must.

Time: 2 - 3:30 pm - **Rating:** 2km – Easy to Moderate **Location:** From Harcourt, follow Elephant Lake Rd (Cty Rd 10) approx. 9km to the High Falls Trail kiosk. **Guide:** Valerie Smith



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MS 250 Chain Saw	\$499 ⁹⁵	MSRP \$519 ⁹⁵
MS 270 Chain Saw	\$549 ⁹⁵	MSRP \$599 ⁹⁵
MS 280 Chain Saw	\$599 ⁹⁵	MSRP \$689 ⁹⁵
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Hike Haliburton cont'd... pg 45...

Hike # 8. Walking on the Right Side of the Brain

Discover treasures hidden in the woods at the Haliburton Sculpture Forest with storyteller, Jim Blake.

Time: 3:30 - 5:00 pm **Rating:** 1 km - Easy **Location:** From Haliburton, follow Bayshore Rd off Hwy 118 west to the Haliburton Highlands Museum. hike starts at the end of the road, just beyond the Museum. **Guide: Jim Blake** - works as a facilitator, consultant, educator and storyteller. He is a part-time faculty member at Sir Sandford Fleming College Haliburton Campus in the Ecotourism Management Program and the Haliburton School of the Arts.

Hike # 10 - Night Manoeuvres

Discover the magic of the night on this fun hike through forest darkness with leader John Etches. Explore how sight takes a back seat to other senses. Activities will portray how night creatures rely on sound and scent as they manoeuvre through the darkness. You will be amazed at how your other senses come alive.

Time: 8 - 9:30 p.m. **Rating:** 1 km easy **Location:** Haliburton Fish Hatchery -Cty Rd. 1- 5 km s. of Haliburton.

Guide: John Etches -is a guide for hike's 10, 13 & 28 - With 21 years of experience as geologist and educator, John brings a wealth of knowledge to his programs.

Saturday, October 15th

Hike # 11. Algonquin Highlands Three Pack

Explore the great hiking trails in the Township of Algonquin Highlands. Three hikes, three leaders, three starting points with all hikes converging at Little Hawk Lake. Treat yourself to lunch at Oakview Lodge or Little Hawk Resort's Wharf Tavern. After lunch

you can call it a day or continue hiking another trail. Creative car shuttling will be necessary.

Time: 9 am - 4 pm - **Rating:** Moderate to Challenging **Locations:** Option 'a': 9 am start at the Algonquin Highlands municipal office (located on North Shore Rd), hike the Ridge Trail, have lunch, then car shuttle back to starting point. Total distance - 8 km.

Option 'b': 9:30 am start at Log Chute (located at the end of Big Hawk Lake Rd), hike Crests of

Kennesis to lunch destination, then continue to hike Ridge Trail and return to the Algonquin Highlands municipal office on North Shore Rd. Total distance - 15 km. Option 'c': 10 am start at Little Hawk Landing (located at the end of Little Hawk Lake Rd/County Rd 13), hike Circuit of 5 Viewpoints and return to Little Hawk Landing for lunch. Total - 5 km.

Guide: Mike Kirby - The alter-ego of actor/broadcaster Michael Kirby, Hiker Mike has hiked city trails, Canada's wilderness, Mexico, the Caribbean and the Himalayas. He is the author of several books including Hiker Mike - Adventures Farther Afield and Hiker Mike's Best Hikes: The Megacity and Beyond.

Hike # 12. Get the Scoop on Poop

An Algonquin Park naturalist will answer all the questions you ever had about animal poop but were afraid to ask. This informative and highly entertaining experience includes an indoor scat review, an outdoor search and the highlight: learning the poop song, aptly entitled "The Scat Rap". This hike will start at the Haliburton Highlands Museum with an indoor presentation followed by a hike on Glebe Park trails.

Time: 9 - 11 am **Rating:** 2 km- Moderate **Location:** Haliburton Museum **Guide: Jason Dombroskie** - has worked as an Algonquin Park naturalist for 10 years. He has a very broad knowledge of local natural history and is a specialist in moths and other insects—he is currently writing a 'Field Guide to the Moths of Algonquin Provincial Park'.

Hike Haliburton 2005

Program at a Glance

The following is a list of trail tours and the day & time they are being offered. You can participate in as many as you wish. All hikes are guided and are \$2 per person.

October 14 - 15 & 16

FRIDAY, OCTOBER 14

1. Millin' Round the Mill	9 to 11 am
2. Soggy Boot Shuffle	9 am to 12 pm
3. Walk in the Clouds	9 am to 1 pm
4. In Search of Old Growth	12:30 to 4:30 pm
5. Walk in the Clouds	1:30 to 4:30 pm
6. Fall Botany Walk	1:30 to 3 pm
7. High Falls Hike	2 to 3:30 pm
8. Walking on the Right Side of the Brain	3:30 to 5 pm
9. Blast-off BBQ	5 to 8 pm
10. Night Manoeuvres	8 to 9:30 pm

SATURDAY, OCTOBER 15

11. Algonquin Highlands Three Pack	
a) Ridge Trail	9 am to 12 pm
b) 3-Pack	9:30 am to 4 pm
c) Circuit of 5 Viewpoints	10 am to 12 pm
12. Get the Scoop on Poop	9 to 11 am
13. Gems Beneath your Boots	9 am to 12 pm
14. Wilderness and the Like	9:30 to 11:30 am
15. Out and About	10 am to 12 pm
16. Family Fun at the Labyrinth	10:30 am to 2:30 pm
17. Llama Walk	11 am to 12:30 pm
18. In Search of Harburn Wells	1 to 2 pm
19. Geocaching - A GPS Treasure Hunt	1 to 4 pm
20. Beetle Lake Ecology Walk	1:30 to 4:30 pm
21. Walk Waverly Brook Farm	2 to 4 pm
22. Trail Troubadours	2:30 to 4:30 pm
23. In Search of Harburn Wells	3 to 4 pm
24. Blister Ball & Silent Auction	8pm to 1 am

SUNDAY, OCTOBER 16

25. Fitness Walk	9 to 11 am
26. High Falls Hike & Ride	9 am to 12 pm
27. Ganaraska Trek	9 am to 4 pm
28. Geohike	10 am to 12 pm
29. Fun in the Forest	10 am to 12 pm
30. Sacred Earth Walk	10:30 am to 12 pm
31. Ramblin' with Ryan	10:30 to 11:30 am
32. Photography Walk	1 to 3 pm
33. Soggy Boot Shuffle	1:30 to 4:30 pm

Saturday Evening Pot Luck Dinner At 5pm On The Farm

Jim Hopkins, our local storyteller will share stories before Waverley Brook Farm hosts an open house harvest potluck at 5pm. After the pot luck we will be treated to Jo Ann Ledger, a composer and singer for a sing-a-long. Depending on the weather we will end the day by the campfire enjoying the stars. Save the day & bring friends. Join the hike or potluck. Preferably BOTH!!! Please pass on the info.

Hike Haliburton cont'd... from pg. 45

Hike # 13. Gems Beneath Your Boots

Haliburton Rocks! This hike offers a once-in-a-lifetime tour of undisturbed deposits of fluorichterite, orthoclase, tremolite, actinolite, apatite and quartz. John Etches, your geologist guide, and hosts Sandra and Mark Bramham, will interpret the geological history and reveal the unspoiled beauty of this extraordinary site. Find out how the rocks and minerals below can influence the plants and trees above.

Time: 9 am to 12 pm **Rating:** 4 km- Moderate with a few steeper climbs
Location: Green Mantle Farm located at #1984 Essonville Ln, just 3 km from Wilberforce. **Guides:** Mark & Sandra Bramham - are retired educators with a passion for the land.

Hike # 14. Wilderness and the Like

This is a hike for all types! It includes scenic views of ponds and wetlands as well as a diverse forest ecosystem. On top of great wilderness sights, hikers will also experience a trip to the Bear Lake Diggings, a mineral rich area of biotite, quartz and apatite, where you'll have a chance to search for that special gem.

Leaders will and explain how the minerals have come to be in the area.

Time: 9:30 - 11:30 am **Rating:** 4 km- Easy **Location:** From Gooderham, follow Hwy 503 to Glamour Rd (approx. 5 km). Turn left on Glamour Rd and travel another 5 km to Madill Rd. Turn right on Madill Rd. and continue to the Bear Lake diggings site located at the end of the road (approx 3 km). **Guide:** Ernie Silhanek - is currently a professor at Sir Sandford Fleming College and teaches many courses including Nuisance Species Management, Habitat Assessment, Terrestrial Ecosystems, Aquatic Ecosystems and Principles of Wildlife Management. **Guide:** Steve Smith - has lived in Haliburton County for the last 18 years building log and timber frame homes. He was a prospector in the Yukon during the 80's and is an avid mineral collector.

Hike #15. Out and About

For those who have limited mobility, Kinark's wheelchair-accessible trail provides the perfect setting for a fully accessible hike. The hike will travel

through a mixed forest and a wetland. Participants will have the opportunity to learn about and identify the local flora and fauna.

Time: 10 am to 12 pm **Rating:** 2 km - Easy **Location:** Kinark Outdoor Centre. **Guide:** Erin Derbyshire - is an enthusiastic and dynamic hike leader.

Hike # 16. Family Fun & Lunch at the Labyrinth

Walk or wheel the accessible paths of the Tranquility Trail - Labyrinth and Healing Park overlooking Grass Lake. Enjoy hearty harvest soup and a bun for a donation (all donations to the Tranquility Trail) and take in these great activities: **Qigong** - join Lynda Shadbolt for gentle stretching and mindful breathing, a special treat for your hiking body - **Labyrinth Crafts** - learn to make your own labyrinth! - **Drumming** - drum along with John & Dianna Proctor

Time: Come walk anytime! Qigong from 11 to 11:30 am; Lunch from 11:30 am to 1 pm; Labyrinth crafts from 1 to 2 pm; Drumming from 2 to 3 pm. **Rating:** 1/2 km - Easy **Location:** Haliburton Highlands Health Services (a.k.a. Haliburton Hospital) **Guides:** John & Dianna Proctor - have made Haliburton their home for the past 9 years where they teach the art of drumming and drum making through various courses and workshops. They have recently opened Earth Tones Studio featuring drums, clothing and jewellery from around the world, as well as Diane's own gourd artwork. **Guide:** Lynda Shadbolt - loves being outside and using Qigong and yoga to help people connect with the natural world while looking after their body.

Hike # 17. Llama Walk

Just like it sounds! Cuddle up to these woolly friends and hike the Dorset Tower Trail and Nordic Inn Trails for a whole new view of the countryside. Pet, feed and walk the llamas. Treat yourself to a special, pre-llama walk breakfast at the Nordic Inn. Breakfast will be served between 8 - 10:30 am. **Time:** 11 am to 12:30 pm - **Rating:** 2-3 km - Moderate with a few steeper climbs - **Location:** Nordic Inn, located on Hwy 35 just 1 km north of Dorset. **Guides:** Jane & Andre Tieman - owners of the Nordic Inn.

Hike # 18 & 23. In Search of Harburn Wells

Somewhere off the Harburn Road there is a unique geological phenomenon called the Harburn Wells. Many people have asked about it; very few have been there. Join adventurer, Sean Pennylegion, in search of this elusive and uncharted natural place.

Time: 3 - 4 pm **Rating:** 1 km - Easy **Location:** From Haliburton, follow Hwy 118 west to Harburn Rd. Continue on Harburn Rd to Camp Kakeka - meet at the road opposite the Camp. **Guide:** Sean Pennylegion - has been a member of the Board of the Trails & Tours Network for four years representing mountain biking interests.

Hike # 19. Geocaching - A GPS Treasure Hunt

"Geocaching" is an outdoor treasure hunt that is becoming popular around the world. Learn the basics of GPS (Global Positioning System) beginning with map and compass foundations. Learn the basics of saving and retrieving waypoints as well as other GPS functions. The culminating experience will be a fun GPS treasure hunt on the trails in Snowden Park. GPS units will be provided (quantities are limited so feel free to bring along your own) and no experience is necessary.

Time: 1 - 4 pm - **Rating:** 1-2 km - Easy **Location:** From Haliburton, follow Cnty Rd 1 to Snowden Park. From Minden, follow South Lake Rd to Cty Rd 1, turn right and continue 1/2 km to Snowden Park. **Guide:** Tim Price - is a GIS (geographical information system) specialist with the city of North Bay. He's also an experienced geocaching guru. **Guide:** Marlene Walsh - is an outdoor education teacher currently working at The Canadian Ecology Centre in Mattawa.

Hike # 20. Beetle Lake Ecology Walk

Take a walk on the wild side on one of Haliburton County's newest hiking trails. Explore neat natural places on the Beetle Lake Trail and discover some cool things about local ecosystems along the way.

Time: 1:30 - 4:30 pm **Rating:** 6km - Moderate to Challenging **Location:** Timber Trail Algonquin on Hwy 60 in Oxtongue Lake **Guide:** Rick Whitteker - After many years experience at a variety of outdoor and environmental centres, Rick moved to Haliburton eight years ago to work at the Haliburton Forest and Wildlife Reserve.

Hike Haliburton cont'd... pg. 47...



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Hike # 21. Walk Waverly Brook Farm

A hike for the young and the young at heart. Wander along the pathways used by Farm's four-footed friends as well as some of the trails used in logging and maple syrup seasons. Parents and grand parents can join along to listen and learn as well.

Time: 2 - 4 pm **Rating:** 1/2 - 3 km - Easy **Location:** From Haliburton, follow Gelert Rd (County Rd 1) to Old Donald Rd (approx. 4.5 km). Turn right onto Old Donald Rd and continue to Waverly Brook Farm (approx 1.5 km - farm gate will be on your right).

Guides: Sam & Joan Tyler - Sam (10) and Joan (7) are experienced hikers on the cow and deer paths around the farm.

Hike # 22. Trail Troubadours

Catch a few tunes along the trail with accomplished folk musician, Kris Kadwell. With guitar on his back, Kris and friends will lead you on a musical journey along the shores of Lake St. Nora. A hike guaranteed to be good for both soul/soles.

Time: 2:30 - 4:30 pm - **Rating:** 2-3 km - Easy to Moderate with some steep climbs - **Location:** Meet at the Frost Centre parking lot located on Hwy 35, 25km north of Carnarvon or 16 km south of Dorset. **Guide:** Kris Kadwell - is a talented musician. He is a long time member of the band, Minor Details.



Sunday, October 16th

Hike # 25. Fitness Walk

Are you tired of your regular walking routine? Join Lorie Kah, local fitness guru, for a walk that will teach you how to add variety to your walks. While travelling around Head Lake Trail, you will learn how to incorporate activities into your everyday walking routine to increase your level of challenge. **Time:** 9 - 11 am - **Rating:** Moderate - **Location:** Meet at Head Lake Trail kiosk next to docks in Haliburton. **Guide:** Lorie Kah - is the owner and operator of Physical Journey Fitness.

Hike # 26. High Falls Hike & Ride

A hike with a twist. Begin on horseback and ride to the start of the hiking trail, then hike up to view the scenic High Falls, return to the horses and ride back to base camp. No riding experience necessary. Helmets provided. \$40.00/person and pre-registration is required. Call South Algonquin Trails at 1-800-758-4801

Time: 9 am to 12 pm **Rating:** 4 km horseback ride and 2 km hike - Easy **Location:** South Algonquin Trails located on Elephant Lake Rd approx. 12 km from Harcourt. **Guides:** Tammy & Lyle Donaldson - run and operate South Algonquin Trails at the south end of Algonquin Park.

Hike # 27. Ganaraska Trek

At 450 km, the Ganaraska Trail is one of Ontario's major long-distance trails. Here in the Highlands, the trail passes through some of the most rugged wilderness terrain we have to offer. Those up to the challenge will be well rewarded with stunning views—not to mention a great work-out! This hike is recommended for **experienced hikers only!** Hiking boots are a must—you'll also need to pack a lunch, plenty of water, a rain jacket and spare warm clothing. A car shuttle will be required.

Time: 9 am to 4 pm **Rating:** 19 km - Very Challenging **Location:** From Minden, follow Deep Bay Rd to Devil's Lake Rd—meet at Devil's Lake parking area. **Guide:** Isabelle Thorup - is veteran hiker having hiked all over Canada including all of the sections of the Ganaraska, sections of the Bruce and all of the West Coast Trail. This Past President of the Ganaraska Trail Association didn't start hiking until she was 50 and hasn't looked back since!

Hike # 28. Geohike

Be a time traveler with geologist John Etches as you hike back to the birth of the Frost Centre's rugged landscape. **Time:** 10 am to 12 pm **Rating:** 5 km - Moderate with some steeper climbs - **Location:** The Frost Centre, located on Hwy 35, 25 km north of Carnarvon or 16 km south of Dorset.

Hike # 29. Fun in the Forest!

A great family hike! Learn about local flora and fauna through fun and interactive activities along the trail including 'hug-a-tree', 'nature detectives' and 'camouflage'.

Time: 10 am - 12 pm **Rating:** Easy **Location:** Haliburton Forest & Wildlife Reserve located on Kennisis Lake Rd, 20 km north of West Guilford. **Guide:** Andrea Fischer-Jensen - is an outdoor educator at the Haliburton Forest and Wildlife Reserve

Hike # 30. Sacred Earth Walk

This walk invites you to experience the sacred aspect of our forests and trails. Take time to reflect on your natural surroundings and your connection to the world around you.

Time: 10:30 am - 12 pm **Rating:** Easy **Location:** Kinark Outdoor Centre. **Guide:** Brenda Peddigrew - is a writer, teacher, and facilitator of transformative learning, recognizing and honouring the role that nature plays in how we all transform.

Hike # 31. Ramblin' with Ryan

Take a casual stroll through a mature hardwood forest and sugar bush visiting some wetlands along the way. Ryan Dawson will share some of his inspiring poetry that reflects his relationship with the land.

Time: 10:30 - 11:30 am **Rating:** 2 km - Easy **Location:** Wintergreen Maple Syrup & Pancake Barn - Rd Cty Rd 1 - south of Haliburton **Guide:** Ryan Dawson is a local boy born, raised and working at the family business, Wintergreen Maple Syrup Products.

Hike # 32. Photography Walk

Learn to view your surroundings with a creative eye while out on the trails! General composition advice will be provided for landscapes and macro/micro photography.

Time: 1 - 3 pm - **Rating:** 2 km—Easy **Location:** Please see hike # 31. **Guide:** Darren Lum - is a self-taught photographer with more than 16 years of experience with both film and digital photography.

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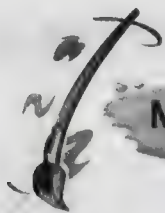
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Meet The Artist

Alabaster, Stone, Bronze, Wood, Antler and Exotics Like Brazilian Soapstone and White Zircon – Just Some of the Materials Used By Local Artist Rhae Henhawk

Rhae Henhawk is an artist of aboriginal descent whose gentle manner and presence is in hard contrast to her bold and provocative sculptures. Rhae is a proud member of the Six Nations – her roots are Mohawk and Seneca – but she's not interested in being pigeonholed as a "native artist".

Aboriginal artists have often used their art as a way of survival in a hostile world. A colleague of Rhae's once noted that "it is in art that we learn to survive, where we find spirit which sustains us: it is in art we find our way home." And much aboriginal art has been accepted when often the men and women who created it have not.



Rhae Henhawk

This is a sharp dilemma for many aboriginal artists whose main goal is simply to create their own version of reality.

Rhae says simply: "Along the way, I began to realize how connected we all are as human beings and spirit beings. It's not so much

about the differences, but about the similarities - in all of our cultures."

Rhae grew up in the mixed society around Hamilton Ontario, not on the reservation, and although her father, Hilton Henhawk, is a well-regarded painter, Rhae's early career took her quickly into the North American business world. She worked as a headhunter and employment counselor for a large corporation in New Jersey before returning to Canada as a manager of the Native Canadian Centre on Spadina Avenue in Toronto. While there she met the Inuit sculptor Manasie Akpaliepi and was lucky enough

to become an apprentice for an intense two-month period. Eventually she began to create her own pieces, and at the same time worked for almost six years with the Northwest Company repairing aboriginal sculpture pieces. This provided invaluable training for Rhae, who learned to work with the whole gamut of sculptural materials from soapstone to marble, whalebone, antlers and even ivory.

By the year 2000 Rhae was beginning to exhibit her own work, much of which is now in private collections. Rhae produces a wide variety of often dream-like pieces using an astonishing array of materials. "I try to be constantly observant of the little details of human behaviour – particularly those I can relate to as a woman and a mother. I also use the context of dreams – those moments when you recall vividly a particular moment, or feeling that leads me to create a specific piece. Dreams are so important to us – and remembering them so inspirational."

Rhae's favourite medium, of the moment, is alabaster, but she also uses stone, bronze, wood, antler as well as exotics like brazilian soapstone and white zircon. Her art is deeply personal and each piece has a life of its own –like a character in a novel or short story. Rhae's connection with her own work is very special and unusual, even though the pieces themselves speak an undeniably universal language.



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Rhae cont'd... pg 51...

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Adults of All Ages at the Highlands Community Learning Centre

Submitted by Jennifer Paton

The leaves are falling, and it's a great time to consider your goals for the year. Perhaps the courses at the Victoria Street School will be right for you. New courses begin October 25. Read on to find out more...

The Trilliums Lakelands District School Board operates an Adult and Alternative Education Centre in Victoria Street School in Haliburton. A wide range of courses are offered: all are high school credits that count towards graduation, but are also suitable for general interest and skill development.

Classes are taught in six-week blocks, from 9 a.m. to 1 p.m. Monday to Friday. Every six weeks new courses begin, so there are many chances in the year to get started. There are two full-time and one part-time teacher at the school, each with their own specialities.

Lori Sargent is the computer specialist, teaching beginning and intermediate computer courses as well as business communication and accounting. Jennifer Paton teaches Mathematics, English, Law as well as the Foods and Hospitality courses in the school's expanding kitchen. Greg Shantz is responsible for the ACE students under 16, as well as REAL (Return, Earn and Learn) students who are working while

completing courses. Co-operative education courses in which you can earn high school credits for hours spend working are increasingly popular, and Lori and Greg supervise our many co-op students in businesses and workplaces around the County.

The Centre offers lots of extra value beyond the classroom too. The basketball net, ping pong table and weight room are good for the body as well as the brain. And our kitchen, under the leadership of volunteer Sharon Bacon, supplies healthy snacks, bagel breakfast and weekly hot lunch.

The next block of classes begins Tuesday October 25th. Lori will teach **Introduction to Computers, BTT 20** which is Windows based, including Word, Excel, email and Internet. This is a very popular course with the local community, in a friendly supportive environment. After completing the BTT 20, students may elect to take Intermediate Computing (BTA 30) or Electronic Business Communication (EBT 40). The introductory course will also be offered next spring in March 2006.

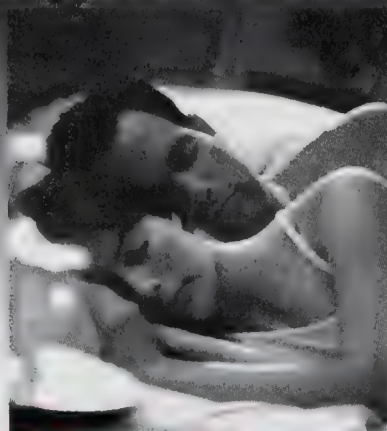
Jen will teach **Hospitality and Tourism, TFH 3E**, focusing on the hospitality industry including Smart Serve and Safe Food Handling. The training for these certificates may also be available to the general public; call for details. The Hospitality class plans to continue the Students Feeding Students initiative from last spring, when our students prepared healthy snacks and hot lunches for students at Stuart Baker and J.D. Hodgson Elementary Schools.

If you are interested in knowing more about the high school credit programs at Victoria Street School call 457-4562 or drop in. There is an annual registration fee of \$25, and some courses require a \$20 textbook deposit. We look forward to seeing you!

The Learning Centre Schedule ...

Sept 12 – October 24	CHV 20	Civics (0.5 credit)
	GLC 20	Careers (0.5 credit)
	CLU 3E	Law
October 25 – December 6	BTT 20	Introduction to Computers
	BTA 30	Intermediate Computing
	TFH 3E	Hospitality & Tourism
December 7 – February 3	Mathematics	
February 6 – March 27	A variety of on-line courses	
	English	
	BTA 30	Intermediate Computing
March 28 – May 15	EBT 40	Business Communication
	BTT 20	Introduction to Computers
	HFN 20	Foods
May 16 – June 28	OLC 40	Ontario Literacy Course

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Rhae Henhawk cont'd... From pg. 48...

Rhae and her partner Greg Monk moved to the Haliburton area permanently last year. Greg's family are long-time Moore Lake cottagers, and as you'd expect with his name, have some distant cousins in the area. Greg is an accomplished carpenter and builder and has started his own renovation and construction business. The couple soon bought a home and a very small barn, on Deep Bay Road, and this summer Rhae proudly opened her Medicine Art Sculpture Studio in the beautifully renovated barn.

Rhae creates her works on the ground floor, and the studio is in the loft. The spaces are bright, welcoming, and contain an amazing array of art.

Rhae's studio features a wide variety of her own works, of course, as well as a good collection of native-made crafts and jewelry. Greg's father Ross is also a painter, so Rhae has shows some of Ross Monks watercolours along with her own fathers' acrylics. She also features some works by Gerry Martel and Sheri and Harry Zunde.

Rhae also encourages commissioned works, and offers

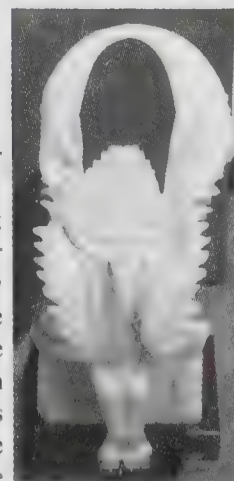
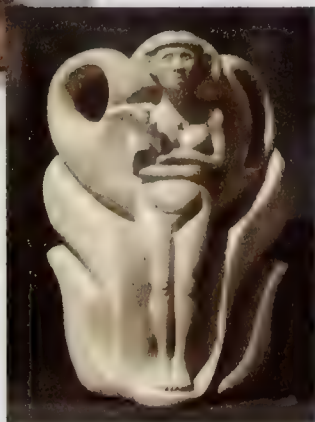
professional repair and restoration for "your favourite Inuit sculpture".

Rhae Henhawk says she learned a lot about business management during her years as a single mother. Family is intensely important to her. Her son Josiah, his spouse Debby and their baby daughter Isabella are very close, as are her step-children with Greg, Ella (12), Janet (8), and Ian (6). Rhae is

also delighted with the warm welcome they've

received from the Haliburton and Minden communities and look forward to being an active part of the County's artistic life.

Rhae Henhawk's Medicine Art Studio is located at 3829 Deep Bay Road just outside of Minden and is open Tuesday to Sunday from 11 am until 5 pm. Or call for an appointment at 286-3711.



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UNITED LUMBER

Lakeside Baptist Launching Major "Spiritual Journey"

During the last decade Haliburton's Lakeside Baptist Church, under the leadership of Senior Pastor Brian Plouffe and Associate Pastor Dave Bretzlaff, has become a major evangelical and spiritual force in the County. As its congregation has grown and flourished, its dedication to local, national, and international Christian outreach has been unsurpassed. And as Pastor Bretzlaff puts it, "we believe that we need to re-dedicate ourselves constantly to our Christian purpose and to reach outwards to the wider community, in Haliburton and throughout the world."

To that end Lakeside Baptist is launching a major "spiritual journey" on October 16th called 40 Days of Purpose which will attempt to answer what the church believes is the most important question: "What on Earth am I here for?"

The inspiration – and logistical support – for the campaign comes from the astonishingly popular books and ministry of Pastor Rick Warren, the founder of the Saddleback Church in Lake Forest, California (with a membership of, wait for it, 80,000 parishioners)! Pastor Warren's first book was *The Purpose-Driven Church*, which provided a clear and concise blueprint for local churches to become active and healthy congregations by concentrating on what he called a "people-building process." Warren advised, "If you will

concentrate on building people, God will build the church".

Pastor Warren's second book, *The Purpose-Driven Life*, published just three years ago, has already sold over 20 million copies world-

wide and is being credited for playing a key role in the international Christian Evangelical revival. Warren's book is a blueprint – conveniently shaped into 40 chapters, designed to be read and thought about over 40 days – for individuals to discover "God's plan for you and his reasons for creating you". The book, and its accompanying videos, form the essential spine of the campaign.

The 40 days, and 40 chapters of the book, weren't arrived at by coincidence, of course. The number 40 has great resonance in Judeo-Christian history: Noah's rains lasted 40 days, Moses

spent 40 days on Mount Sinai, Jesus spent 40 days in the wilderness, and so on. The "40 Days of Purpose" is a sort of 21st century version of the great Crusades of the Billy Graham era, without, of course, the huge public events that were Graham's hallmark. For Pastors Plouffe and Bretzlaff, this is an opportunity through individuals and small groups to take the message of God throughout our community, and from there to the world. As Pastor Plouffe puts it, "in the almost 16 years that I have Lakeside's Pastor, I have never been more excited by the potential of any 40 day period to transform lives for Jesus Christ."

The campaign kick-off is on Saturday, October 15th at 6:30 pm at Lakeside Baptist. The entire congregation will be introduced to the Campaign via a video presentation by Pastor Rick Warren. Families will be encouraged to become 'host homes' for small group meetings throughout the campaign, for both church members and for outreach groups. Lakeside Baptist is one of 10,000 local churches worldwide that are participating in the campaign.

The incredible success of Rich Warren's books and ministry is beyond argument. Pastor Bretzlaff hopes and believes that his powerful message about individual and church renewal through God will become an important part of Haliburton's spiritual life. For further information and to find out how you can be involved, please phone Lakeside Baptist at 705 457-2851. The church is located at 9 Park Street overlooking Head Lake in Haliburton.

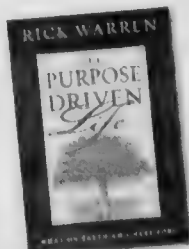


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You're invited to enjoy six weekly video lessons led by Pastor Rick Warren. You'll receive a free copy of *The Purpose-Driven Life* and a personal study guide and there's no cost or commitment to participate.

40 DAYS OF PURPOSE

Lakeside Baptist Church

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October 16 - November 27, 2005

"Kick-off" Event

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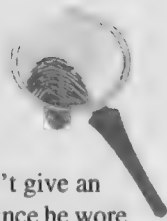


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Who Dun-It



The teller at the Ingoldsby National Bank couldn't give an accurate description of the bank robber, probably since he wore a mask, but an eyewitness of the account did get a good look at the get-away vehicle including half the numbers from the licence plate. He immediately reported it to the police.

Two hours later a man was brought into the police station. His car and license number matched the description but the evidence was still inconclusive. Detective Minden was called in to question the suspect, Darren Dumb.

Case of The Dumb Robber

"The time of the robbery was 3:00 p.m. Were you alone Darren?" asked the detective.

"Yes, I was alone at home. I didn't rob no bank!" shouted Darren.

"Hmmm, but a car that looked like yours, including part of your license plate was spotted speeding away from the scene of the robbery right

afterwards. How do you explain that?" asked Minden.

"Yeah, so what. A lot of cars look like mine and probably a lot of license numbers are close to mine too! Besides, you don't even know if your witness got the right number. Lets go. Take me back down to the bank right now. The teller won't even recognize me, and you'll have to let me go. Then you can start looking for your real robber cop!" spouted Darren.

"Well," said Minden. "I guess you're pretty sure you won't be recognized because you wore a mask, but you've just given me a little more evidence."

What new evidence did Darren slip out to the detective?

see answer pg. 61

A Healthy Laugh



As the doctor completed an examination of the patient, he said, "I can't find a cause for your complaint. Frankly, I think it's due to drinking."

"In that case," said the patient, "I'll come back when you're sober"



Church Events

Maple Lake Thanksgiving Dinner

October 8 - St. Peter's Anglican Church Maple Lake

There are sittings at 5pm, 6pm, and 7pm. Please call Geraldine Harrison. Come for an old-fashioned turkey dinner with all the trimmings and home made pies. Contact: Geraldine Harrison Tel: (705) 754-4428



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Trundling Along the White Trail

with Marci Mandel

Songs of Life

The sun is shining, my mind is open to the possibilities ahead on the trail, and *whoosh* a song begins to play in my mouth like a delectable appetizer:

*Slow down you're going to fast,
You got to make that morning
last.*

*Just kicking down the cobble-
stone*

*Looking for fun and feeling
groovy...*

Not a care in the world, my feet barely touch down as I skip along the once-again moist earth. And though the dying season drives forward, life insists on continuing its dance. How fantastic that the life-size sunflowers, the tenacious green oaks, and the silent soaring vultures are still about to partner with.

Around the corner, the musical main course begins to announce itself: *turn, turn, turn*. Approaching the pond, quietness settles

in, and my frolic becomes more grounded, more rooted in this new scene - in this new song:

*To everything (turn, turn, turn),
There is a season (turn, turn, turn),
And a time for every purpose under heaven.*



*A time to be born, a time to die;
A time to plant, a time to reap;
A time to kill, a time to heal;
A time to laugh, a time to weep...*

It occurs to me that just as plants, bugs and animals come and go, so too do the people in my life. Some share a day, some a season, some a few years, and some - but a few - have so perfectly entangled their roots one can hardly tell where theirs begin and mine end. These people are treasures and forever feed my soul.

The memories of those who have paraded through my life become nourishment to draw on: my schoolmate's calm wisdom, my good friends glorious smile, my old boss's guiding hand. Their presence, however short, has enriched me forever.

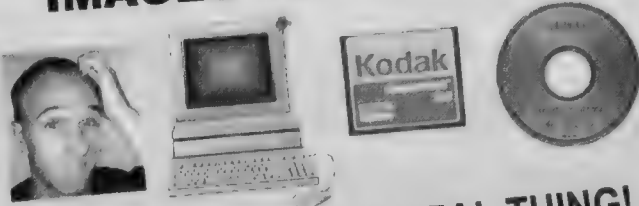
Yet like the trees surrounding me, I have grown not only because of the kindness shown, I have also matured because of the scat dropped. The greedy child, the indifferent clerk, the judgemental acquaintance all remind me of who I don't want to be, so keep me growing straight to the light.

People are always coming in and out of our lives effecting us in unplanned for ways. Like the woman in line at the health food store talking about her favourite tea (now mine), or the strangers we sat beside at a wedding who told us about a magnificent camping spot which we then visited, or a woman I met at a piano recital who became a good friend.

And then there was my grade four teacher. It was Mr. Crane who introduced me to the beauty of music. He guided my class through Mozart's opera, *The Marriage of Figaro* and Gilbert & Sullivan's *Pirates of Penzance*. He printed out the lyrics for *Where Have All the Flowers Gone* and *Dona, Dona, Dona* and showed us how music could be political.

Trundling cont'd... pg 55 ...

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Barbara has presented seminars and workshops across Southern Ontario. She teaches creative writing courses for the University of Toronto School of Continuing Studies, and is online Writer-in-Residence for the Canadian Authors Association Niagara Branch. She also enjoys helping new writers through her Manuscript Evaluation service.

Workshop Prices: For Members of HHWEN and its affiliates (WCDR, MINK, WEN and others) \$50 for the full day (two workshops); \$30 for half a day (one workshop); Non-members \$60 for the full day; \$35 for one half-day.

Visit the HHWEN website, www.hhwen.org, for membership information or call 286-6635.

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For more information about her books, seminars, and services, please visit www.BarbaraKyle.com.

For more information about the Haliburton Highlands Writers' and Editors' Network (HHWEN), please visit www.hhwen.org.

Trundling cont'd...

from pg. 54

One of the songs I remember learning from him was *My Cup Runneth Over*, and I still remember the deliciously sweet lyrics. Sometimes in the morning, when shadows are deep,
I lie here beside you, just watching you sleep,
And sometimes I whisper, what I'm thinking of,
My cup runneth over with love . . .

Sometimes in the evening, when you do not see,
I study the small things, you do constantly,
I memorize moments, that I'm fondest of,
My cup runneth over with love . . .

In only a moment, we both will be old,
We won't even notice the world turning cold.
And so, in this moment, with sunlight above,
My cup runneth over with love . . .

And so in this moment of giving my thanks, I can't help but think of all the people who have been in and out of my life over the years. From family member to friends, from teachers to students, from animals whom I have nurtured to children who have nurtured me: my life is richer for having been influenced by so many. Good experiences or bad, it is through my connections with others that I know who I am.

*Life I love ya,
All is groovy.*

Marci Mandel's children's novel, *Neesa's Backyard*, is available at selected stores locally.

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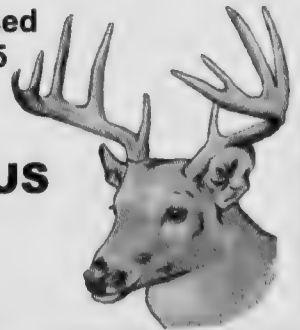
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Crime Flashback

by Max Haines

YOU'VE GOT MAIL

One Of The Rules Of Murder Should Be To Never Bring Attention To Yourself, As Max Haines Explains In Crime Flashback

SENDING HUMAN parts through the mail is definitely in poor taste. In Canada, our criminals rarely use Canada Post, no doubt firmly believing that any alternate mode of delivery would be less tardy. Not so in Europe, where the mails have often been used to advantage.

On April Fool's Day of 1926, the chief of police of Vienna, Herr Weitzel, was somewhat taken aback when he opened a personally addressed small package which had arrived by mail. It contained a human finger.

The Chief turned the distinctive digit over to his lab. The finger turned out to be the first finger from a woman's right hand. It was slender, the nail being well manicured and polished. The finger was free of callouses and was quite possibly that of a middle-aged woman. It had been recently severed with surgical skill.

The string and paper used to wrap the package were in common use and proved impossible to trace. The parcel had been mailed in Vienna.

DISTASTEFUL PARCEL

Weitzel rubbed his goatee and thought of the possibilities. Of course, the distasteful parcel could be the prank of a medical student or mortuary employee, but the chief couldn't take a chance. He had to assume a crime had been committed.

While the Vienna police were checking out missing persons and calling on mortuaries, Weitzel received another parcel. You guessed it, the package contained another human finger. It was the third finger from the same hand which had provided the previous finger. Examination of the nail indicated that it was polished with the same nail polish. Medical examination revealed a rather disconcerting fact. The finger had been amputated with surgical skill while the victim was alive.

A plain gold ring was on the finger when it arrived. The ring was made of 22 carat gold. Tiny scratches or indentations on the underside of the ring had been made by the corrosive action of a diluted acid. The acid had many commercial uses, but the one detectives homed in on was its use in the removal of tattoos.

In order to find out if the amputated finger had ever been tattooed, it was necessary to remove the top skin. Once this was done, doctors were able to make out the image of a snake wound around the finger in the exact location covered by the gold ring. There was little doubt in the minds of investigators that the acid used to remove the tattoo had made the indentations in the ring. But what did it all mean? Maybe the snake held some significance at one time, but had been displaced by the ring.

Tattoo parlors were canvassed, but police were unsuccessful in locating the one where the snake had been applied and removed. The ring also proved impossible to trace.

The story was leaked to the press, which caused the Vienna Police no end of embarrassment. Was a killer on the loose who took great relish in taunting the entire police force? Above all, could the chief expect further fingers to show up in his mail?

A week passed. The mystery deepened when a female body sans head and sans two fingers from the right hand was found in a swamp outside Vienna. An examination of the torso shed no light on the identity of the middle-aged victim. However, it was noted that the two fingers had been removed with skill and the use of surgical instruments.

Police were able to make a plaster cast of a footprint found in soft mud near the torso. From the footprint, an anthropologist gave a description of the man who had made it. It was ascertained he was over 6-feet, with broad shoulders and long arms.

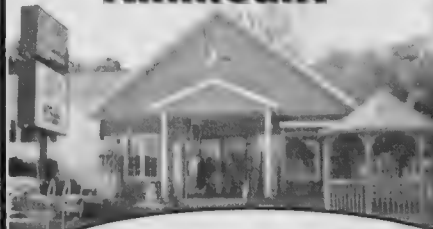
Weitzel and his boys now had something to work with. They were looking for a tall doctor, most likely a surgeon. They came up with several in Vienna, but gradually all were eliminated — except one.

Dr. Herman Schmitz was a surgeon who had a small practice, catering mainly to wealthy patients. A search of criminal records revealed that at one time Dr. Schmitz had been charged with malpractice, but had been found innocent by a jury. Despite the verdict, the doctor's practice had suffered. Eventually he gravitated to a small but lucrative practice. His patients obviously were unaware of his past.

Haines cont'd... pg. 57

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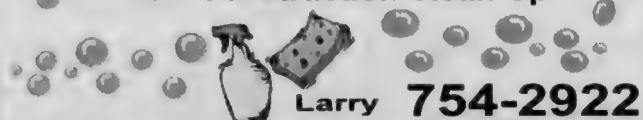
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Haines Cont'd.... from pg. 56

A cursory investigation of Schmitz's family revealed he had a wife and children. The children were of school age and Frau Schmitz seemed happy enough. That's what a cursory investigation indicated. An in-depth investigation uncovered the mistress. It was somewhat of a disappointment for the Vienna detectives to find out that she was alive and well. The victim had to be someone else.

CURRENT MISTRESS

Twenty-four hour surveillance teams were put on the good doctor, the dear wife and the willing mistress. The doctor stayed clean. So did the wife. But the mistress unwittingly led police to paydirt.

Detectives found a dress shop where the doctor's mistress had a charge account. In those long ago days before credit cards, kept ladies had their bills forwarded to their gentlemen friends every month or so. Vienna police, now hot to trot, questioned the store manager. He told them that the doctor's current mistress was somewhat of a pain, unlike his previous mistress, Anna Stein. He explained that Anna had purchased far more dresses before the doctor had changed horses in midstream.

Police dashed over the Anna's apartment only to find that she had vacated the premises three weeks earlier. A survey of her regular haunts brought the same results. Anna Stein had disappeared. Police were pretty sure they knew the location of her torso and two fingers. However, they weren't sure about her head.

This puzzle was solved when they surreptitiously searched Dr. Schmitz's office. They found a small laboratory off the main office. There, reposing in a bucket of preservative solution, was the head of Anna Stein. Dr. Schmitz was picked up and charged with the murder of his mistress.

A meticulous search of the doctor's office turned up pieces of Anna's clothing, which had been partially burned. The doctor's current mistress was somewhat distressed to discover that several pieces of jewelry which had been given to her by Schmitz had once belonged to the deceased.

Witnesses were located who stated that Anna had been furious with her lover when she found out she had been replaced in his affections by a younger woman. They had argued fiercely, but the charming doctor sweet talked Anna into bringing her belongings to his office under the pretense of taking a long holiday together in Paris. Anna fell for the ruse. Instead of a trip to the City of Light, she was first made helpless by dope, had two fingers amputated and then murdered.

Dr. Schmitz admitted to quarrelling with his former mistress, but claimed she had thrown herself upon him and expired as a result of a heart attack. Examination of the body proved beyond a doubt that Anna had not died of heart attack. She had been administered a lethal injection of potassium

cyanide. Police found a bottle of diluted acid used to remove the tattooed snake from the dead woman's finger. This had been done to hamper identification of the victim.

NO TRIAL

Dr. Schmitz's trial for murder promised to be a sensation. The Austrian press carried little else on its front pages. But the drama of a sensational murder trial was not to be. Dr. Schmitz attempted to escape from jail. He made his way to the roof of the building and tried to jump to an adjoining lower roof. He didn't make it. He died on the ground after confessing to the murder of Anna Stein.

Why did the doctor send those fingers to the chief of police? It is believed he never forgave police for their investigation of the malpractice charge brought against him years earlier. He sent the fingers through the mail in an attempt to make the police appear foolish and incompetent. Instead, he drew attention to himself, which eventually caused his death.

Illustration:

While the Vienna police were checking out missing persons and calling on mortuaries, Chief Herr Weitzel received another package containing another human finger




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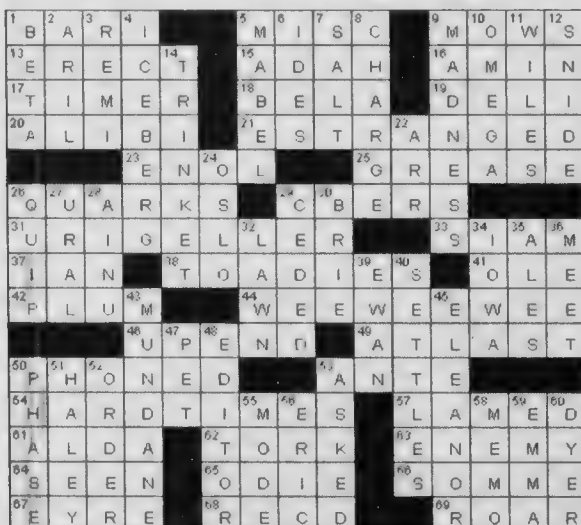
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One carrot missing off plate
Cufflink on waiter missing
Feathers missing on left wing
Nail on turkey's foot longer
Back nail on one foot missing
Hole in beak gone
Part of onion on platter missing
Leg is higher up and longer
Part on top of head longer
Turkey's adams apple is gone

Who Dun It Solution: From Pg 53

Answer: Darren said "Take me back to the bank", indicating that he'd already been there earlier. If he hadn't been at the bank, he wouldn't have said to take him back.

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Austin Powers in Goldmember (USA 2002) opened at 3,613 cinemas across the States on July 26, 2002, taking US\$71.5 million (£45.7 million) over its first three days. As a comparison the original 'Austin' debuted with US\$9.5 million (£5.7 million) in May 1997 and the first sequel opened at US\$54.92 million (£33.14 million) in June 1999.

Largest Concert Audience For A Rock Artist

The largest paying audience ever attracted by a solo performer was an estimated 180,000–184,000, in the Maracanã Stadium, Rio de Janeiro, Brazil, at a Paul McCartney concert held on April 21, 1990.

Largest Free Rock Concert Attendance

Rod Stewart's free concert at Copacabana Beach, Rio de Janeiro, Brazil, on New Year's Eve, 1994, reportedly attracted an audience of 3.5 million.

Most Consecutive US No. 1 Singles

The most consecutive number one singles on the US charts is seven, a total achieved by RB vocalist Whitney Houston between 1985 and 1988. The songs were 'Saving All My Love For You' (1985), 'How Will I Know' (1985), 'Greatest Love Of All' (1986), 'I Want To Dance With Somebody (Who Loves Me)' (1987), 'Didn't We Almost Have It All' (1987), 'So Emotional' (1987), and 'Where Do Broken Hearts Go' (1988).

Biggest Selling Film Sound Track

The best-selling movie sound track is Saturday Night Fever (USA, 1977), with sales of over 30 million. The film was at the head of the disco music craze in the 1970s, and of the 17 tracks on the album, 10 were hit singles, either in the USA or UK, with an incredible six reaching number one on the US charts. The album went to the top of the US charts too, from January to July 1978, and it was the biggest-selling LP that year.

Highest Box Office Gross

The biggest-grossing film ever is Titanic (Paramount). The film became the first movie to ever take US\$1 billion at the international box office

Highest Box Office Gross in a Single Day

Spider-Man (USA 2002) took a record \$43.6 million (£29.8 million) on its second day of opening in the USA on May 4 2002 from a total of 3,615 screens. Sam Raimi's comic-book adaptation went on to take a total of \$114,844,116 (£78,151,831) during its opening weekend.

Largest Publicity Budget For A Movie

Universal and licensed merchandisers spent \$68 million promoting Steven Spielberg's Jurassic Park (US, 1993) in the US alone. This was \$8 million more than the cost of the movie.

Most Leading Roles

John Wayne (1907-1979) appeared in 153 movies, from The Drop Kick (US, 1927) to The Shootist (US, 1976). In all but 11 of these he played the lead.

Buffet Feast Contest

Your chance to win a great prize is near. In this issue we did a feature story on The South Algonquin Cookhouse. Answer the questions below and send in your entries to the Communicator. The first correct entry pulled wins the prize. One winner will get to enjoy a buffet dinner for two at The South Algonquin Cookhouse.

Questions - Cookhouse Feature pg. 36 - 37

- 1: What are the features of the three regular dinner buffets?
- 2: Where is the South Algonquin Cookhouse located?
- 3: When are they open during the fall & winter season?
- 4: What is Chef Jamie's speciality?

Mail your entries to:
The Communicator
 RR#2 Comp 75
 Haliburton, On. KOM 1S0
 Fax to 457-9998

email: highlands@thecommunicator.ca

*The Winner of last issue's Mouthwatering Menu contest is
 Linda Dodds of Gooderham.*

Turkey Shoot at Popcorn Pond

The Wilberforce Royal Canadian Legion is holding their annual Thanksgiving Turkey Shoot on October 8th.

This fun-filled event starts running at 10:00 am, so don't be late. The Turkey Shoot is being held at Popcorn Pond, which is located approximately 1 1/2 km south of Wilberforce, right before Wilbermere Lake.

Make sure that you look out for the signs that will be posted to find your way there. Lunch and coffee will also be available.

There will be turkeys and hams to be won, which ever you prefer, and they are won by Target Shooting, who ever gets the most pellets into their target wins one of the many turkeys or hams.

This event is open to the ladies too, so don't be afraid to come on down and give it a try. Nothing is going to be stopping this event, because it's running rain or shine!

So come on down to Popcorn Pond to have a great time with friends while supporting the Legion Fundraiser.



Jewels
Fine Jewellery at Fine Prices

Come and see us at 104 Main St. Minden

**All Week Long Enjoy
 Specials, Treats & Surprises!!**

286-1132

Happy Thanksgiving Day

We are especially thankful for friends like Chuck, Michelle and George at Golden Stations. We will miss you.

Open Thanksgiving Monday 9-5

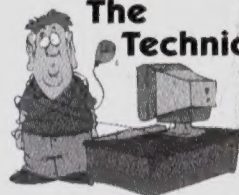


Happy Thanksgiving from everyone at Paulmac's Pet Food

Retailers of Quality Pet Food  Pet Accessories  Pets

Heritage Plaza • Minden 286-1172

Compaq is considering changing the command "Press Any Key" to "Press Return Key" because of the flood of calls asking where the "Any" key is.



**The Technically
 Challenged**



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A Community Futures Development Corporation

In recognition of

Small Business Week in Ontario

The Haliburton County Development Corporation congratulates the 1500 business owners for creating employment and economic development opportunities in Haliburton County

We are proud to provide financing to the business community and look forward to serving you.
We invite you to contact us as 457-3555 or hcdc@halhinet.on.ca



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Cindy Muenzel**
Sales Representatives

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gcarnochan@bellnet.ca
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Building Lot

Check out this affordable building lot. Over half an acre, level and treed for privacy. Year round municipal road close to 3 lake chain, golfing and shopping. Driveway in with partial cleared area to build your home or us for a gateway. Old well on property (not warranted but maybe of use). **\$19,500.00**

Commercial Property

Full scale business opportunity on busy highway frontage. 3000 sq. ft. new oil furnace, move in condition, with ample parking. Endless possibilities! Enquire for more details! **\$375,000.00**

Building Lot's

Gelert Road!

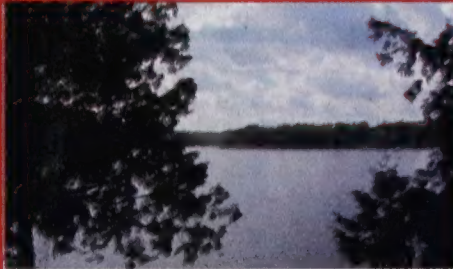
There is lots you could do here with the trails, mixed bush, total privacy and level. It would be a great retreat, hunting grounds, and 4 wheeling or build a family compound. Oh did I mention that this property is 100 acres. Close to Minden or Kinmount. **\$89,000.00**

Paddy's Bay



Newly developed waterfront lot on quite Paddy's Bay with boat access to Kennisis Lake, hydro available. Lot is well forested, natural shoreline with sand beach. Driveway in. 212' x 2.84 acres **\$179,000.00**

Close to Minden



3 Bedroom, 4 season cottage open concept with pine floors, private, with beautiful lake view on 100' of water frontage with dock at waters edge. Spacious 1200 sq. ft. cottage/home on perimeter wall with usable storage area, 1.5 car garage, Bunkie. Economically heated forced air oil/wood heating, drilled well and septic. **\$269,900.00**



Kennisis Lake



Imagine this view Winterized Viceroy cottage sits on north shore of Kennisis Lake. Newer septic and deck. Very private. Stone walkway to lake. Deep water for great swimming. **\$319,000.00**

Little Kennis 4 season



Private setting on 115 ft frontage, deep water, new dock, new drain back pump, new airtight, new self cleaning range, nicely treed property with walking paths, 2 bedroom immaculate cottage with guest 1/4's on lower level. **\$319,000.00**

Bitter Lake



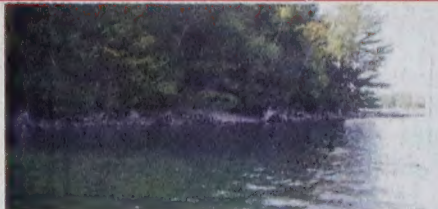
Very nice & private setting off year round municipal. Rd with sand beach, great for swimming, on gently sloping lot. Lots of decks & large deck at the lake with good view. Open pine cathedral ceiling over living room area with many new upgrades. 1100 sq ft on nicely treed 0.95 acre lot with waterfront. **\$324,900.00**

Pine Lake



Custom 4 bdrm home with over 2000 sq. ft. of living space, pine cathedral ceilings, 2 - 4 pc baths and a finished bsmt has family rm with possible games rm. Access to a 3 lake chain and ground source heat with central air, 2 car garage and paved drive. **\$329,900.00**

8 acres - 800ft frontage



Several building sites offering spectacular views of Kennisis Lake. Absolute privacy on this 8 acre property. 800 ft shore line varies with flat rock, sand pockets, larger rock sections and a point. Sheltered section for boat protection. Sunsets come across the point and set on the opposite shore. This rare large property is being offered at **\$575,000.00**

8 Acres, 1350 ft Shoreline Little Redstone



Absolute privacy on this estate size property. 1800 sq. ft. of living space, lg open concept LR/DR/Kitchen, family room, 3 bdrms, 2 baths, laundry rm & loads of storage, finished with pine, cedar & drywall. Large entertaining deck overlooking a level lot. Save hydro \$\$ with ground source heat pump & air conditioning. Lrg insulated garage/workshop. Sound of falling water from the stream on the property entering the lake. **\$695,000.00**

Private lake, 129 acres Haliburton



Nature at it's best. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 5 bdrm + loft cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in LR and backing the DR. Wood floors and all wood interior with cathedral ceilings. Large deck for entertaining or just enjoy the view. This property has many possibilities. Family retreat, Bed and Breakfast, Children's Camp, Retreat Center, possibly severance of 7+ lots also appears to be 50 to 60 acres of gravel, sand and great timber. Report details available to interested parties **\$975,000.00**

FOR MORE PHOTOS CHECK www.gloriaandcindy.com